

## Have You Been or Do You Know an Adult Who Stammers?

### Help Us Understand What Research is Important!

**More than one in a hundred** adults sometimes stammer (stutter) when they speak. If you, or someone you know, has experienced this, we need your help.

Adults who stammer know what it is like to stammer and how this affects their lives. However, research topics around stammering and its impacts are usually chosen by researchers and clinicians who may or may not stammer themselves. In this study, we want to find out what research topics matter most to the people who are most affected - people who actually live with stammering and its effects. **We are asking people from as many different backgrounds and viewpoints as possible to take part.**

Although many people think stammering only affects speaking, adults who stammer tell us that it is more complicated and personal than this. Stammering can affect work, relationships, education, and so much more. Good stammering support tries to address these different aspects of life, but it can be difficult to research.

**This study** is asking adults who have experienced stammering and its effects to help us understand what we should really be researching about stammering support.

**What research will make the most positive difference to the lives and experiences of people who stammer?**

**If you live in the UK and:**

are aged over 18,  
began stammering in childhood or as a teenager,  
have experienced stammering during your adult life,  
you can help.

- **You do not need to have an obvious stammer** at this point in your life.
- You do not need to have told people about stammering.
- Very importantly, **you do not need to have experienced any stammering interventions or support to take part.**

There are no interviews or meetings involved in this study. You will be asked to complete one online survey giving us your views. You can ask a trusted friend or family member to help you with this if you want. If online surveys are not possible for you, we can offer other ways to take part.

**If you are interested in taking part in this study,** please email [Barbara.moseleyharris@mail.bcu.ac.uk](mailto:Barbara.moseleyharris@mail.bcu.ac.uk) for a secure survey link

**If you want to know more about the project** or follow our updates, please visit the project web page at [Stuttering Intervention: Perspectives of Adults Who Stutter](#).

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