

## Comparing levels of anxiety and depression in children who do and do not stammer in the UK

This project has been approved by the UCL Research Ethics Committee, project ID# 15535/001

*We would like to invite you to take part in a research study looking at feelings and emotions in children and young people who do and do not stammer in the UK.*

*Please read through this sheet to find out more about the study. We've given your parent/carer some information too. You can talk about this with your parents or carers and decide together if you want to take part.*

### Why are we doing this study?

We would like you to be part of our project about children who stammer and their feelings and emotions. By taking part, you will be helping us to understand stammering in children. This will help us to think about the best ways to support children who stammer.

### Who else will take part?

We are asking children who stammer who live in the UK and are aged between eight and 13 years old to take part.

### Do I have to take part?

It is up to you whether you would like to take part or not. If you start the study and then change your mind, you can stop at any time. You will not be in any trouble and you do not have to tell us why you want to stop doing the study.



### What do I need to do?

If you and your parent/carer agree to you taking part, you will be invited to a session with our researchers. The session will either take place online or face-to-face with the researcher and will last around 90mins. We will ask you to do some tasks including:

- Speaking task that we will record
- Short language tasks
- Ask you to answer some questions about how other children treat you

- Ask you to answer some questions about your feelings and emotions

We will ask your parent/carer to answer some questions too in a separate questionnaire.

### What happens to my answers?

We will keep all the information you give us securely at the university. We won't put your name on the questionnaires so no one will know it was you! We will be writing a report on what we found out from everyone's answers, which you can read if you like.

### What might be hard about the study?

We need you to concentrate on the activities, which we know can be a bit tiring. But if you need a break, just say. Some of the questions will ask you about your feelings and how you get on with other children. If these questions make you sad you can stop whenever you like.

### Why should I take part?

The answers that you give us will help us to help other children who stammer. Everyone who takes part will receive a small voucher (£10).

### I want to talk more to the researcher

If you would like more information or have a question, you or your parent/carer can contact us here:

Ria Bernard, PhD student

Language & Cognition, Division of Psychology & Language Sciences, University College London, Chandler House, 2 Wakefield Street, London, WC1N 1PF

E: [ria.bernard@ucl.ac.uk](mailto:ria.bernard@ucl.ac.uk)

### What can I do if I have a problem?

We will work hard to make sure you are happy with everything in the study. If you're not happy or want to talk to someone else, you or your parent/carer can speak to:

- Principal Researcher, Professor Courtenay Norbury: [c.norbury@ucl.ac.uk](mailto:c.norbury@ucl.ac.uk)
- Chair of the Research Ethics Committee: [ethics@ucl.ac.uk](mailto:ethics@ucl.ac.uk).

**Thank you for reading!**