

Investigating levels of anxiety and depression in children who stammer in the UK

Information Sheet for Children

This project has been approved by the UCL Research Ethics Committee, Project ID#15535/001

We would like to invite you to take part in a research study looking at feelings and mental health in children and young people who stammer in the UK.

Please read through this sheet to find out more about the study. We've given your parent/carer some information too. You can talk about it with your parents or carers and decide together if you want to take part.

Why are we doing this study?

We would like you to be part of our project about children who stammer and their feelings and emotions. By taking part, you will be helping us to understand stammering in children. This will help us to think about the best ways to support children who stammer.

Who else will take part?

We are asking children who stammer who live in the UK and are aged between eight and 13 years old to take part.

Do I have to take part?

It is up to you whether you would like to take part or not. If you start the study and then change your mind, you can stop at any time. You will not be in any trouble and you do not have to tell us why you want to stop doing the study.



What do I need to do?

If you and your parent/carer agree to you taking part, we will ask you to answer some questions about yourself on the computer. It should only take 15-20minutes and you can do it from home! In the questionnaire you will be asked to:

- Answer some questions about your stammer
- Rate how often you feel different emotions
- Answer some questions about how other children treat you

We will ask your parent/carer to answer some questions too in a separate questionnaire.

What happens to my answers?

We will keep all the information you give us securely at the university. We won't put your name on the questionnaires so no one will know it was you! We will be writing a report on what we found out from everyone's answers, which you can read if you like.

What might be hard about the study?

We need you to concentrate on the questionnaire, which we know can be a bit boring! Some of the questions will ask you about your feelings and how you get on with other children. If these questions make you sad you can stop whenever you like.

Why should I take part?

The answers that you give us will help us to help other children who stammer. Everyone who takes part will receive a small voucher (£5).

I want to talk more to the researcher

If you would like more information or have a question, you or your parent/carer can contact us here:

Ria Bernard, PhD student

Language & Cognition, Division of Psychology & Language Sciences, University College London, Chandler House, 2 Wakefield Street, London, WC1N 1PF

E: ria.bernard@ucl.ac.uk

What can I do if I have a problem?

We will work hard to make sure you are happy with everything in the study. If you're not happy or want to talk to someone else, you or your parent/carer can speak to:

- Principal Researcher, Professor Courtenay Norbury: c.norbury@ucl.ac.uk
- Chair of the Research Ethics Committee: ethics@ucl.ac.uk.

Thank you for reading about our study!