

# Action for Stammering Children



*Changing lives forever*

TRUSTEES' REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2016

# YOUTH PANEL



*"I have really enjoyed the panel so far and it has given us all an excellent opportunity to make a difference on a national level"*

Michael Scott

*"Speech therapy had a huge positive effect on my life and so did the charity ASC, and being part of the youth panel enables me to help ASC directly help young people who stammer"*

James Cripps

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## MESSAGE FROM THE CHAIR OF TRUSTEES



It has been a year of significant further development for the Charity, with assistance provided to over 4,000 children, either directly or indirectly.

These children are receiving the support they need to manage their stammer and to live happy and fulfilling lives, but there are still far too many children and young people around the country who are unable to access the right kind of support. We are determined to respond to this challenge, and during the year we have updated our strategy and three year plan, setting out the actions we will take to extend the reach of the Charity.

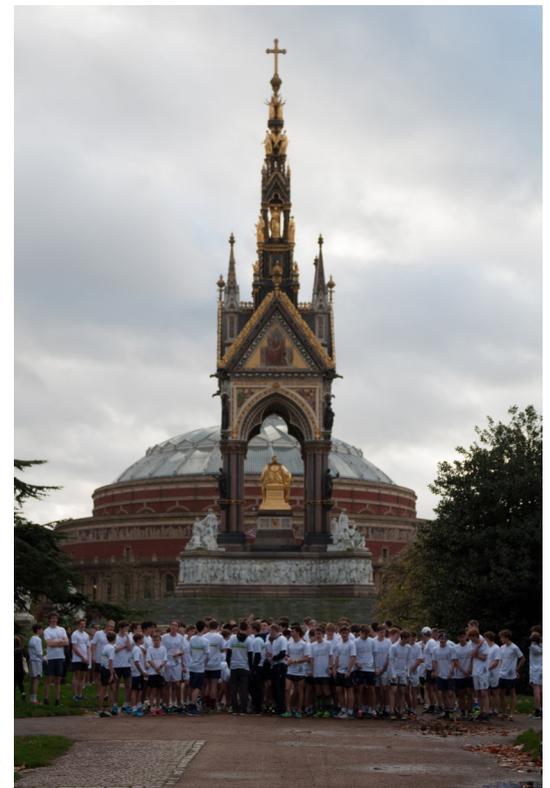
Our core activity remains centred on the vital and life-changing work that takes place in the Michael Palin Centre, supporting the speech and language therapists who are so important to achieving positive outcomes for children and young people who stammer. We continue to fund specialist assessments for children and their families at the Centre, the training of therapists and the provision of intensive courses, residential programmes and research.

We also provide support to other areas across the UK by funding a residential course with the Yorkshire and Humber Clinical Excellence Network, and have continued to collaborate with other organisations focused on the needs of children and young people who stammer.

In 2015 we established a Youth Panel, a real highlight for me. The Panel is engaging with schools to raise awareness of stammering in classrooms and amongst older pupils, and will also ensure that the views and voices of young people are at the heart of ASC's development programme going forwards.

None of this work would be possible without the dedication, passion and enthusiasm of our small team led by Balshen Izzet, our Chief Executive. Balshen left the Charity just before the year end having established a stronger platform for the Charity to develop and grow, and I am extremely grateful to her for everything she has done. Delyth Evans has since performed an excellent job in the role of Interim Chief Executive, developing the business plan and recruiting a new permanent Chief Executive Phil Pyatt to implement that plan.

We cannot embark on this ambitious programme without the ongoing support of the dedicated group of trustees, a wonderful and talented group of therapists led by Elaine Kelman and a generous group of supporters and donors. I thank you all.



Ed Balls with ASC Youth Panel members

We have maintained a strong financial position this year with support from The Big Lottery, Garfield Weston Foundation, The Leathersellers' Company, City Bridge Trust and many more. We were particularly fortunate to be nominated as the beneficiary of the Harrow School Long Ducker race, and it was an emotional occasion to see 800 Harrow boys running ten miles across London in ASC t-shirts raising not only a significant sum but also increasing awareness for the Charity.

We are fortunate to have an amazing group of active Vice Presidents, and I am delighted that Ed Balls has agreed to join Michael Palin and Colin Firth underlining his contribution to the world of stammering and his long-standing commitment to the work of the Charity.



Travers Reid and Elaine Kelman



Jane Fraser with Colin Firth

We also benefit greatly from our relationship with the Stuttering Foundation in America, and Vice President Jane Fraser in particular, who remain of fundamental importance to the success of the Charity with their continued generous support.

Finally, Travers Reid, Life President and Co-Founder of the Charity was awarded an Honorary Fellowship to the Royal College of Speech and Language Therapists in August 2015. Since 1945 the RCSLT has used its annual awards to acknowledge the achievements of its members and those who have contributed outstanding services to the field of speech and language therapy. Travers Reid's childhood experience of stammering convinced him of the need for a specialist charity to help children who stammer, and we hope that we continue to live up to his aspirations.

Our work this year means that we are in a stronger position than ever to fulfil our purpose: to reach more children so they can thrive and be who they want to be and have the same opportunities and quality of life as their peers.

A handwritten signature in black ink that reads 'Jo'.

Joanna Hunter  
Chair of the Board of Trustees

*"I feel like a weight has been lifted off my shoulders"*

Parent of a child receiving therapy

*"She will go to McDonald's and order her own food, and also puts her hand up in class which she wouldn't have done before."*

Parent of a participant on the Yorkshire and Humber Residential Course

# ASC - Helping children to fulfil their potential

Fundraising with Harrow School



Yorkshire & Humber Residential



Training therapists across the UK



Supporting fundraising in the community



Assessments for children and families



Building a team of charity ambassadors





Launching our Youth Panel

Confidence building with teenagers



Raising awareness in the media

Circus Skills



Launching the Stammering Network



Funding from Global's Make Some Noise



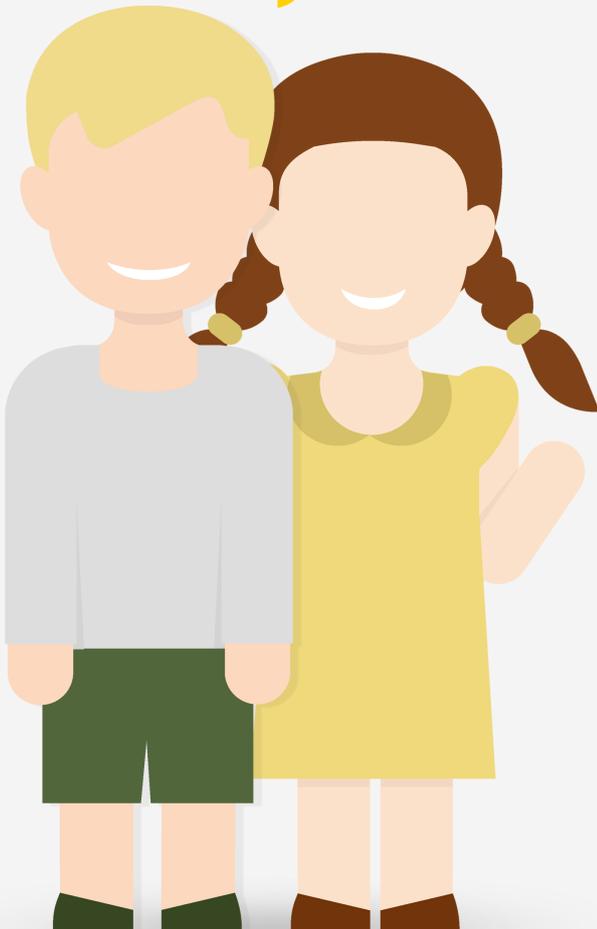
# Action for Stammering Children



Changing lives forever

# 4,118

Children and young people supported by **ASC**:



## 651

through the helpline



## 42

through open days and workshops



## 313

through direct clinical support



## 389

therapists trained to support

# 3,112

children



For every **£1** donated **90p** was spent on charitable activity



**1 in every 100 adults** has a persistent stammer



**5%** or more children **under the age of 5** will go through a phase of stammering



**60%** of people who stammer has a family member who does too



Approx **4 males for every 1 female** has a stammer



ASC's new **Youth Panel**: **15 young people** changing perceptions of stammering

# ANNUAL REPORT OF THE BOARD OF TRUSTEES FOR THE YEAR ENDED 31 MARCH 2016

The Trustees, who are also directors of the Charity for the purposes of the Companies Act, present their Annual Report together with the financial statements of Action for Stammering Children (the Charity) for the year ended 31 March 2016. The Trustees confirm that the Annual Report and Financial Statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and with the SORP 2015 (FRSEE) "Accounting and Reporting by Charities" and the Financial Reporting Standard for Smaller Entities (effective January 2015).

## PURPOSE AND ACTIVITIES

The Charity's vision is a society where children and young people who stammer have the same opportunities and quality of life as their peers. The Charity's mission is to ensure that every child and young person across the United Kingdom who stammers has access to effective services and support to help them meet the challenges created by their stammer.

To achieve its mission, the Charity commissions assessments and therapy for children and young people who stammer, provides other activities to support children and young people who stammer and their families, supports the specialist training of speech and language therapists, and commissions research into the most effective treatment of stammering in children and young people.

## ACHIEVEMENTS AND PERFORMANCE

The summary below sets out the main achievements of the Charity and outlines the difference the Charity has made to its beneficiaries, children and young people who stammer, and to society as a whole. The Charity is pleased to have achieved its goals as set out at the end of last year.

### Assessments and therapy at the Michael Palin Centre

Our first goal was to increase the delivery of charitably-funded clinical services not deliverable by the NHS and extend our reach across the United Kingdom. Thanks to the support of Action for Stammering Children, over 290 children and their families received specialist assessments for stammering at the Michael Palin Centre during the year. Children travelled from all over the UK to undergo a specialist assessment and receive a tailor-made treatment programme to be delivered either by their local NHS Trust or at the Michael Palin Centre.

As well as specialist assessments, the Charity funded courses of therapy for children who had been unable to access treatment through the NHS. This included pre-school children for whom early intervention is most effective, school-age children and their parents, and a returners' programme for young people who had suffered a relapse with their stammer.

In addition, Action for Stammering Children supported children and young people who received group therapy at the Michael Palin Centre. Intensive courses took place at Easter for children aged 10-14, and in July for young people aged 15-18, helping them and their families to overcome the many difficulties caused by their stammer.

Routine use of telehealth to deliver assessment and therapy to family across the UK has received excellent user feedback. This enables children to access services which might otherwise have been unavailable for geographical financial or social reasons.

### Outcomes

99% of parents who attended consultation clinics and review sessions with their child at the Michael Palin Centre reported they better understood their child's stammer, felt more able to help their child, felt more confident about the future and more hopeful that someone could help. 98% of parents reported that they felt less worried about their child's stammer and felt that they now knew what to do about the stammer.

Various measuring tools were used to ascertain the impact of therapy on each child's stammer, including Palin Parent Rating Scales and the OASES scoring system. Results consistently showed a reduction in the frequency and severity of stammering, a reduction in the impact on the child of their stammer, and an increase in parental knowledge and confidence in being able to support their child.

*"The day I was referred to the Michael Palin Centre was the day my life changed for the better."*

A young adult

## Stammering helpline

Action for Stammering Children's helpline, delivered by staff at the Michael Palin Centre, provides a first port of call to parents, therapists, GPs and other professionals who need instant, expert advice on how to respond to a child's stammer. Over 650 calls were dealt with during the year including from anxious parents needing advice whilst waiting for their child to be seen by a local therapist, parents uncertain as to whether their child's stammer was serious enough to require therapy, and from therapists seeking advice on how to respond to a particular family situation.

## Talking Out Residential course for teenagers in North Yorkshire

During the October half term 13 teenagers who stammer attended an outdoor activity-based residential course in North Yorkshire run by the Yorkshire and Humber Clinical Excellence Network for stammering in partnership with Action for Stammering Children. The course was held in Bewerley Park Outdoor Education Centre, North Yorkshire, where the teenagers took part in a wide range of activities including canoeing, rock climbing and mountain biking as well as undergoing speech and language therapy.

### Outcomes

Qualitative and quantitative outcome measures were collected which were very positive, with participants and their families reporting significant improvements in the teenagers' self-confidence and approach to their stammer as a result of attending the course. There was also evidence from feedback from participants and parents that being part of a group of other young people who stammer, sharing experiences and challenges, had helped build confidence which, in turn, has had an impact on the young people in a range of situations at school and with siblings.

A follow-up day for the teenagers and their parents was held in May 2016.



Teenagers at the ASC residential course

*"My son's perception of himself in the world has changed. If anyone says anything to him about his stammering now, it's like water off a duck's back."*

Parent of a participant on the residential course

## Training for speech and language therapists

Our second goal was to support the training of speech and language therapists in order to give them the tools and training they need to reach more children who stammer. The Charity supported a range of training courses for speech and language therapists during the year. A total of thirty training days were provided at the Michael Palin Centre in London, with 305 therapists from all over the UK and from other countries receiving specialist training at the Centre. A further 84 therapists received training through a Charity-funded outreach training programme delivered by Michael Palin Centre therapists in different locations around the UK. Support for specialist speech and language therapist training is an important part of the Charity's work to ensure that more children and families around the UK can access the right kind of therapy to help manage their stammer.

Action for Stammering Children has also funded supervision bursaries for the development of the clinical and research skills of four therapists from around the UK, enabling children from these locations to access quality therapy.

## Support for research into stammering

Our third goal was to fund and promote research in support of the delivery and impact of therapy for children who stammer. The Charity funded a number of research projects into different aspects of stammering and therapeutic approaches during the year. Research was carried out by therapists at the Michael Palin Centre, and included research into the following areas:

- Cognitive Behaviour Therapy as part of a stammering intervention
- Factors affecting relapse in stammering therapy
- Outcome data analysis at the Michael Palin Centre
- The impact of group therapy on 10-14 year olds

## Independent Review

Our fourth goal was to explore various options on how to expand our reach, remove barriers to access and help more children and young people across the United Kingdom.

The Charity undertook a strategic review in 2015 which was carried out by Peach Consultancy. The comprehensive review concluded that Action for Stammering Children had the potential to assume the mantle of leading the UK stammering sector in relation to children and young people who stammer, and that the Charity should work with a range of different partners to maximise its leverage and effect real change. Following the review, the Charity produced a business plan for the next three years, setting out seven new key goals and a delivery plan to achieve its mission and to extend its reach around the UK. See page 11 for more details.

## Raising awareness – stammering network, newsletter, social media

The Charity played a leading role in setting up an informal stammering network of organisations and groups representing professionals and service users in the stammering field, as a way of pooling resources and sharing skills and ideas in order to raise awareness and influence public debate about stammering in the UK.

As part of our communications activity, the Charity launched a regular e-newsletter to provide information and updates about our work to parents and other stakeholders. We maintained a strong presence on social media throughout the year, mainly via Facebook and Twitter and the Action for Stammering Children website [www.stammeringcentre.org](http://www.stammeringcentre.org)



Members of the Youth Panel producing a short film

## Youth Panel

In September 2015 Action for Stammering Children set up a Youth Panel, made up of young men and women who stammer, between the ages of 13-21, from across the UK, to give them a voice within the Charity and in wider society. The Panel has 15 members who meet regularly in London to learn new skills, support each other and plan activities to raise awareness of stammering amongst their own age group. Camden-based marketing company Tonic Insight hosts the Youth Panel meetings and provides volunteer support. The Youth Panel's main focus in the year was to develop a campaign to raise awareness of stammering in schools.

To mark International Stuttering Awareness Day in October, one of the Youth Panel members appeared on ITV's Good Morning Britain with Ed Balls to talk about the impact of stammering on his life and the importance of therapy in managing the condition. The Charity also appeared on LBC Radio along with Michael Palin, Ed Balls and three young people from the Michael Palin Centre to talk about stammering and the importance of therapy.

We had our first stammering network summit, bringing together voluntary organisations and service providers for specialist therapy in stammering to campaign for the stammering community. A member of our youth panel gave a speech about ASC and how therapy has helped him control his stammer and boost his confidence.

## Fundraising

Our fifth goal was to extend and diversify income streams. We were delighted to be the main beneficiary charity of the Harrow School Long Ducker in November, an annual event which sees pupils and teachers of the School run a race to raise funds for a chosen charity from Hyde Park to Harrow. We continued our fundraising activity throughout the year and were pleased to receive support from numerous trusts and foundations despite the challenging fundraising climate.



Running shirts designed by pupils at Harrow

## Income

Total income for the year to 31 March 2016 amounted to £566,632 compared to £580,532 in the year to 31 March 2015. This included the final payment of a three year grant from the Big Lottery Fund for the project Specialist Support for Stammering Children. We have benefited from multi-year restricted funding from the City Bridge Trust (£30,000), the Emily Hughes-Hallett Foundation (£15,000) and continued on-going support from the Stuttering Foundation (\$250,000).

Harrow School made a significant donation of £80,000, the majority of which was proceeds from the Long Ducker fundraising event.

In addition, we received support of more than £10,000 from the following grant making bodies: The Leathersellers' Company Charitable Fund (£15,000 - first of four); and the Garfield Weston Foundation (£50,000).

We are extremely grateful to all our donors.

## Expenditure

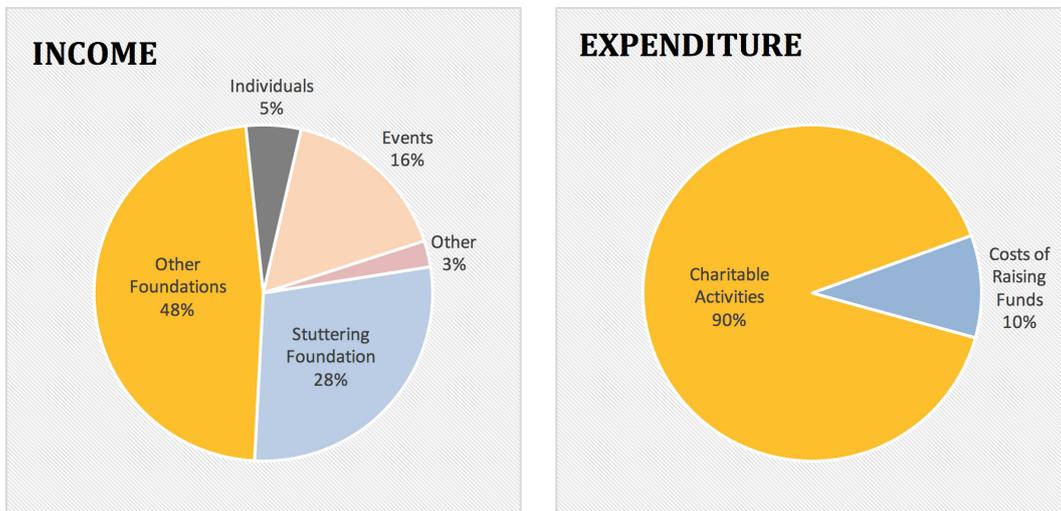
Expenditure of £532,298 was spent on charitable activity during the year. Of this, £481,599 was used to enable the delivery of charitable activity in the Michael Palin Centre and the remainder to fund the "Talking Out Residential Course for Teenagers" in North Yorkshire and an independent strategic review of the Charity.

Expenditure on charitable activities represented 90% of total charitable expenditure.

The net movement in funds in the year ended 31 March 2016 was £(23,873), representing the budgeted reduction in restricted reserves, resulting in total funds at the period end of £1,097,211.

## Reserves

Total unrestricted reserves, shown in note 14 of £1,028,684 includes designated illiquid funds of £593,143 which comprises freehold property and the net book value of fixed assets. The remainder of £435,541 comprises unrestricted free reserves and represents approximately 9 months expenditure, in line with current policy.



## Reserves policy and going concern

The Trustees have considered the desired level of unrestricted funds not designated for specific purpose or otherwise committed (free reserves). Given the nature of the Charity's work, we have determined that the level of free reserves should be equivalent to six to nine months of annual expenditure. In our judgement, this provides sufficient flexibility to cover any temporary shortfalls in incoming resources and ensures that the Charity is able to continue its work and also to respond immediately to a reasonable range of unforeseen adverse circumstances, before remedial plans can be implemented.

## Investment powers and policy

The Board of Trustees' policy is to invest in low risk, liquid investments. Accordingly, Action for Stammering Children invests its funds in cash deposits.

## LOOKING AHEAD TO 2016 - 2017

Following a strategic review of the Charity's aims, objectives and activities, our main focus in the coming year will be on implementing our new business plan. This sets out seven key goals and a delivery plan for achieving them. Our mission remains the same – ensuring that every child and young person across the UK who stammers has access to effective services and support to help them meet the challenges created by their stammer.

Our revised key goals are as follows:

1. To increase access to effective therapy services for children and young people across the UK who stammer
2. To empower children and young people who stammer by giving them a voice within our organisation and in society
3. To assist the parents of children and young people who stammer, so that they are better able to support their child
4. To improve the ability of speech and language therapists to provide effective services to children and young people who stammer
5. To promote research into the most effective treatment of stammering in children and young people
6. To support innovation in stammering services for children and young people across the UK
7. To promote awareness of stammering and the impact it has on children and young people's lives and to change public perceptions

We plan to deliver these goals by supporting therapy for children and young people at the Michael Palin Centre and by developing new partnerships with other groups and organisations around the country including Clinical Excellence Networks and educational establishments. We also plan to build on the promising start of our Youth Panel by supporting the Panel's campaign to raise awareness of stammering in schools and exploring other ways of giving young people who stammer a stronger voice in society. Another priority in 2016-17 will be to strengthen our focus on research into stammering in children and to support innovation in stammering services.

*"It's the first time I have been positive about my future. I feel confident and I'm looking forward to things."*

Teenager who has received therapy

### Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 15 December 1988, which was last revised in September 2014, and as a charity on 21 March 1989.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

### Organisational Structure

The Charity's Board of Trustees meets at least six times per annum. At present the Board has nine members from a variety of professional backgrounds, many of whom have experience of stammering, either personally or through a family member. Trustees retire by rotation after three years but are eligible for re-election for up to three terms of office. The Chief Executive of the Charity implements the strategy set by the Trustees, acts as the key interface with the NHS, and has a prime responsibility for fundraising.

### Trustees Recruitment and Induction

The Board of Trustees seeks to ensure that the interests of children who stammer are appropriately represented in the Trustee body. Trustees are recruited through informal methods, both through a network of parents and adults who stammer and through the body of professionals working in the field of childhood stammering. The Trustees also aim to maintain a broad mix of backgrounds and business skills on the Board. The Board of Trustees is committed to being a diverse and inclusive body. A Trustee nominations committee regularly reviews the Trustees' skills mix and drives recruitment of new Trustees. New Trustees take part in a full induction programme covering all aspects of the work of the Charity, its governance and finances.

### Board of Trustees

The Trustees are directors for the purpose of company law and trustees for the purpose of charity law. Trustees who served during the year and up to the date of this report are set out on page 1.

The members of the charitable company include the Trustees and four founding members. Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up.

### Method of Appointment or Election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

### Relationship with Related Parties and co-operation with other organisations

The work of ASC is, at present, largely achieved through our relationship with Whittington Health NHS Trust and its Speech and Language Therapy Department in London. ASC commissions the provision of specific services from the Michael Palin Centre, part of Whittington Health NHS Trust. Specifically, we commission expert assessments, consultations, treatment, training and research not otherwise funded by the National Health Service. The Charity's funding also provides specialist advisory and helpline services to health professionals and families.

The Charity has a strict conflict of interest policy and declarations are made at the start of every trustee meeting.

### Pay Policy for Senior Staff

All directors give their time freely and no director received remuneration in the year.

The pay of all staff is reviewed annually. The directors benchmark pay against pay levels in other similarly sized charities.

### Risk Policy

The Trustees regularly assess the major risks to which the Charity is exposed, in particular those relating to the specific operational areas of the Charity and its finances. Systems and procedures have been established to mitigate the risks the Charity faces. A formal risk register is maintained and regularly updated.

### Public Benefit

The Trustees have taken into account the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The Trustees' report demonstrates our commitment to providing public benefit.

## TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also directors of Action for Stammering Children for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2015 (FRSSE);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the Trustees on 16th June 2016 and signed on their behalf, by:



Joanna Hunter, Chair

I report on the accounts of the company for the year ended 31 March 2016 which are set out on pages 15 to 23.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The Charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants for England & Wales.

Having satisfied myself that the Charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Helena Wilkinson FCA

For and on behalf of  
**Price Bailey LLP**  
Chartered Accountants  
Statutory Auditors

Causeway House  
1 Dane Street  
Bishop's Stortford  
Hertfordshire  
CM23 3BT

Date: 6 September 2016

# STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2016

		<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
	<b>Note</b>				
<b>INCOME AND ENDOWMENTS FROM:</b>					
Donations and legacies	2	348,319	204,053	552,372	569,710
Other income from trading activities	3	-	10,273	10,273	6,067
Investments	4	-	3,986	3,986	5,055
<b>TOTAL INCOME AND ENDOWMENTS</b>		<b>348,319</b>	<b>218,313</b>	<b>566,632</b>	<b>580,832</b>
<b>EXPENDITURE:</b>					
Costs of raising funds	5	-	58,207	58,207	50,803
Charitable activities	6	405,951	126,347	532,298	515,938
		<b>405,951</b>	<b>184,554</b>	<b>590,505</b>	<b>566,741</b>
<b>NET (OUTGOING)/INCOMING RESOURCES BEFORE TRANSFERS</b>		<b>(58,326)</b>	<b>72,417</b>	<b>14,091</b>	<b>83,293</b>
<b>NET (EXPENDITURE) / INCOME AND NET MOVEMENT IN FUNDS FOR THE YEAR</b>					
		<b>(57,632)</b>	<b>33,759</b>	<b>(23,873)</b>	<b>14,091</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	13	126,159	994,925	1,121,084	1,106,993
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>£ 68,527</b>	<b>£ 1,028,684</b>	<b>£1,097,211</b>	<b>£ 1,121,084</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ACTION FOR STAMMERING CHILDREN**  
**REGISTERED NUMBER 2328627**  
**BALANCE SHEET AS AT 31 MARCH 2016**

	Note	2016 £	2015 £
<b>FIXED ASSETS</b>			
Tangible assets	10	593,143	593,460
<b>CURRENT ASSETS</b>			
Debtors	11	92,398	28,138
Cash at bank		415,705	616,858
		508,103	644,996
<b>CREDITORS: amounts falling due within one year</b>	12	(4,035)	(117,372)
<b>NET CURRENT ASSETS</b>		504,068	527,624
<b>NET ASSETS</b>		£ 1,097,211	£ 1,121,084
<b>CHARITY FUNDS</b>			
Restricted funds	13	68,527	126,159
Unrestricted funds	13	1,028,684	994,925
<b>TOTAL FUNDS</b>		£ 1,097,211	£ 1,121,084

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting recorded and the preparation of accounts.

The financial statements were approved by the Trustees on 18 June 2015 and signed on their behalf, by:



Joanna Hunter, Chair

The notes on pages 17 to 23 form part of these financial statements.

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

## 1. ACCOUNTING POLICIES

### 1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014, the Financial Reporting Standard for Smaller Entities (effective January 2015) and the Companies Act 2006. Assets and liabilities are initially recognised at historical cost with the exception of investments which are included at market value.

### 1.2 Company status

The Charity is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

### 1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Investment income, gains and losses are allocated to the appropriate fund.

### 1.4 Income

All income is included in the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grant income is recognised when there is a firm commitment and certainty that the funds will be received.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

### 1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the Charity. Governance costs are those incurred in connection with administration of the Charity and compliance with constitutional and statutory requirements.

### 1.6 Tangible fixed assets and appreciation

All assets costing more than £200 are capitalised. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer and other equipment	– 3 years on a straight line basis
Freehold Property	– over 50 years to an estimated residual value of £592,000

### 1.7 Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction. Exchange gains and losses are recognised in the Statement of Financial Activities.

## 2. DONATIONS AND LEGACIES

	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Grants and donations	348,319	204,053	552,372	569,710
<b>Total</b>	<b>£ 348,319</b>	<b>£ 204,053</b>	<b>£ 552,372</b>	<b>£ 569,710</b>

## 3. OTHER INCOME FROM TRADING ACTIVITIES

	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Books and DVD sales	-	5,510	5,510	6,067
Training courses	-	4,763	4,763	-
<b>Net income from trading activities</b>	<b>£ 0</b>	<b>£ 10,273</b>	<b>£ 10,273</b>	<b>£ 6,067</b>

## 4. INVESTMENTS

	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Bank interest received	£ 0	£ 3,986	£ 3,986	£5,055

## 5. COST OF RAISING FUNDS

	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Events and fundraising	-	2,807	2,807	18,357
Staff costs	-	55,400	55,400	32,446
<b>Total</b>	<b>£ 0</b>	<b>£ 58,207</b>	<b>£ 58,207</b>	<b>£ 50,803</b>

## 6. EXPENDITURE ON CHARITABLE ACTIVITIES

<b>SUMMARY BY FUND TYPE</b>	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Michael Palin Centre (MPC) - London	355,252	126,347	481,599	467,129
Northern Centre - Leeds	-	-	-	42,959
Residential course - North Yorkshire	23,802	-	23,802	-
Independent strategic review	26,897	-	26,897	-
<b>Total</b>	<b>£ 405,951</b>	<b>£ 126,347</b>	<b>£ 532,298</b>	<b>£ 515,938</b>

<b>EXPENDITURE BY CHARITABLE ACTIVITY</b>	<b>OTHER £</b>	<b>MPC £</b>	<b>2016 £</b>	<b>2015 £</b>
Direct costs:				
Assessments	-	228,000	228,000	229,958
Clinical work	-	118,600	118,600	121,515
Residential course	23,802	-	23,802	27,520
Returners programme	-	10,000	10,000	6,000
Research programme	-	25,000	25,000	20,000
Advisory services	-	31,500	31,500	25,200
Education and training	-	33,199	33,199	42,186
Bursary	-	-	-	1,370
Independent strategic review	26,897	-	26,897	-
<b>Total direct costs</b>	<b>50,699</b>	<b>446,299</b>	<b>496,998</b>	<b>473,749</b>
Support costs	-	35,300	35,300	42,189
<b>Total</b>	<b>£ 50,699</b>	<b>£ 481,599</b>	<b>£ 532,298</b>	<b>£ 515,938</b>

## 7. SUPPORT COSTS

	<b>Commission Costs £</b>	<b>Governance Costs £</b>	<b>Total 2016 £</b>	<b>Total 2015 £</b>
Depreciation of assets	1,255	-	1,255	4,864
Staff costs	20,906	-	20,906	15,240
Staff expenses	31	-	31	31
Travel expenses	377	-	377	489
Professional fees	2,913	-	2,913	14,827
Website costs	144	-	144	365
DVDS/ Books	1,179	-	1,179	1,494
Office costs	1,645	-	1,645	-
Youth Panel costs	1,051	-	1,051	-
Equipment and repairs	245	-	245	29
Miscellaneous costs	177	306	483	-
Independent Examiner's Fee	-	1,500	1,500	2,700
Bank charges	-	-	-	107
Staff costs	-	3,571	3,571	1,708
<b>Total</b>	<b>£ 29,923</b>	<b>£ 5,377</b>	<b>£ 35,300</b>	<b>£ 42,189</b>

## 8. NET INCOME/(EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR

	<b>2016 £</b>	<b>2015 £</b>
This is stated after charging:		
Depreciation	£ 1,255	£ 4,864
Independent Examiner's fee	£ 1,500	£ 2,700

Trustees did not receive remuneration or benefits in kind. Trustees expenses reimbursement in the year totalled £NIL (2015: £199)

## 9. STAFF COSTS

	<b>Total 2016 £</b>	<b>Total 2015 £</b>
Wages and salaries	73,869	46,927
Social security costs	6,007	2,467
<b>Total Staff Costs</b>	<b>£ 79,876</b>	<b>£ 49,394</b>

	<b>Total 2016 No.</b>	<b>Total 2015 No.</b>
Average monthly number of employees during the year		
<b>Average number of staff</b>	<b>2</b>	<b>2</b>

No employee received remuneration amounting to more than £60,000 in either year

## 10. TANGIBLE FIXED ASSETS

	<b>Freehold property</b>	<b>Office equipment</b>	<b>Total 2016</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
Brought forward	592,000	42,779	634,779
Additions	-	938	938
Disposals	-	-	-
<b>Carried forward</b>	<b>£ 592,000</b>	<b>£ 43,717</b>	<b>£ 635,717</b>
<b>Depreciation</b>			
Brought forward	-	41,319	41,319
Charged	-	1,255	1,255
Disposals	-	-	-
<b>Carried forward</b>	<b>£ 0</b>	<b>£ 42,574</b>	<b>£ 42,574</b>
<b>Net book value</b>			
<b>At year end</b>	<b>£ 592,000</b>	<b>£ 1,143</b>	<b>£ 593,143</b>
<b>Previous year</b>	<b>£ 592,000</b>	<b>£ 1,460</b>	<b>£ 593,460</b>

## 11. DEBTORS

	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
<b>Other debtors</b>	<b>£ 92,398</b>	<b>£ 28,138</b>

## 12. CREDITORS

	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
<b>Accruals</b>	<b>£ 4,035</b>	<b>£ 117,372</b>

### 13. STATEMENT OF FUNDS

	<b>1 April 2015</b>	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Transfers</b>	<b>31 March 2016</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Designated funds</b>					
Freehold Pine Street	350,000	-	-	-	350,000
Training room extension	242,000	-	-	-	242,000
Net Book Value Fixed Assets	1,460	-	-	(317)	1,143
<b>General funds</b>					
Free unrestricted reserves	401,465	218,313	(184,554)	317	435,541
	<b>994,925</b>	<b>218,313</b>	<b>(184,554)</b>	<b>-</b>	<b>1,028,684</b>
<b>Restricted funds</b>					
Assessments	-	56,900	(56,900)	-	-
Big Lottery Fund	-	128,400	(128,400)	-	-
Training	6,000	-	(6,000)	-	-
Michael Palin Centre clinical activity	-	160,519	(160,519)	-	-
Northern services	119,226	-	(50,699)	-	68,527
Therapy	-	2,500	(2,500)	-	-
Other	933	-	(933)	-	-
	<b>126,159</b>	<b>348,319</b>	<b>(405,951)</b>	<b>-</b>	<b>68,527</b>
<b>Total funds</b>	<b>£ 1,121,084</b>	<b>£ 566,632</b>	<b>£ (590,505)</b>	<b>-</b>	<b>£ 1,097,211</b>

<b>SUMMARY OF FUNDS</b>	<b>1 April 2015</b>	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Transfers</b>	<b>31 March 2016</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Designated funds	593,460	-	-	(317)	593,143
Free unrestricted funds	401,465	218,313	(184,554)	317	435,541
Unrestricted funds	994,925	218,313	(184,554)	-	1,028,684
Restricted funds	126,159	348,319	(405,951)	-	68,527
<b>Total funds</b>	<b>£ 1,121,084</b>	<b>£ 566,632</b>	<b>£ (590,505)</b>	<b>-</b>	<b>£ 1,097,211</b>

## Purpose of restricted funds

Assessments	These funds are used to pay for specialist consultations at the Michael Palin Centre.
Big Lottery Fund Grant	Specialist support for stammering children - sessional costs for client assessments and overheads.
Training	These funds were donated for the purpose of supporting innovative activity which the charity would otherwise be unable to afford for the Michael Palin Centre in London.
MPC clinical, research and teaching activity	These funds are to pay for specialist clinical, research and teaching activities at the Michael Palin Centre, funded by the Stuttering Foundation.
Northern Services	These funds were used in 2015 and prior years to support the provision of specialist speech and language therapy for children and young people who stammer in the North that attended the Stammering Support Centre. In 2016 these funds were used to support a residential course in North Yorkshire for teenagers who stammer and to undertake an independent strategic review of services in the North and across the UK.
Capital	These funds were donated for the purpose of purchasing assets that the charity would otherwise be unable to afford for the Michael Palin Centre in London.

## Purpose of designated funds

Freehold Pine Street fund	The Trustees have designated funds to the value of the freehold property as a designated resource to meet the charity's principal objectives.
Training room extension	The Trustees have designated funds received from a legacy to fund the training room extension.
Net book value of fixed assets	The Trustees have designated funds to the value of the net book value of fixed assets as a designated resource to meet the charity's principal objectives.
Transfer of funds	The transfer of £317 was made from the designated fixed asset fund to general funds being the net movement on fixed assets.

## 14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	<b>Restricted funds 2016 £</b>	<b>Unrestricted funds 2016 £</b>	<b>Total funds 2016 £</b>	<b>Total funds 2015 £</b>
Tangible fixed assets	-	593,143	593,143	593,460
Current assets	68,527	439,576	508,103	644,996
Creditors due within one year	-	(4,035)	(4,035)	(117,372)
<b>Total</b>	<b>£ 68,527</b>	<b>£ 1,028,683</b>	<b>£1,097,211</b>	<b>£1,121,084</b>

## 15. FINANCIAL COMMITMENTS

	<b>Total 2015 £</b>	<b>Total 2014 £</b>
NHS Whittington Health	436,900	442,000
<b>Total</b>	<b>£ 436,900</b>	<b>£ 442,000</b>

# REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2016

## **Trustees**

Joanna Hunter (Chair)  
Samira Ahmed  
David Broom (Honorary Treasurer)  
Will Evans (Company Secretary)  
Gerald Grattoni  
Claudine Provencher  
Oliver Rawlins  
Vicky Slonims (appointed March 2015)  
Anne Whateley

## **Company Registered Number**

2328627

## **Charity Registered Number**

801171

## **Company Status**

A company limited by guarantee

## **Day-to-day management**

The trustees delegated day-to-day management to the Charity's Chief Executive Balshen Izzet (to January 2016) and thereafter to Delyth Evans (interim Chief Executive January 2016 onwards)

## **Registered Office**

The Michael Palin Centre for Stammering Children  
13-15 Pine Street  
London  
EC1R 0JG

## **Independent Examiners**

Price Bailey LLP  
Chartered Accountants  
Causeway House  
1 Dane Street  
Bishop's Stortford  
Hertfordshire  
CM23 3BT

## **Bankers**

Lloyds  
Pall Mall St James's  
London  
SW1Y 4BE



Travers Reid, Barbara Rustin and Michael Palin at the opening of the Lena Rustin Wing of the Michael Palin Centre.

*"Action for Stammering Children is extremely grateful to our Life President and Co-Founder Travers Reid and our Vice President, Michael Palin CBE. We would like to thank them for their dedication and continued support in improving the lives of children and young people who stammer."*

# ACTION FOR STAMMERING CHILDREN

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@StammerCentre    c/o The Michael Palin Centre  
[www.stammeringcentre.org](http://www.stammeringcentre.org)    13-15 Pine Street  
Charity Number: 801171    London, EC1R 0JG