

**Action for  
Stammering  
Children**



# Annual Report

**2022/23**

Charity no. 801171

Company no. 02328627

(Right) Young people take part in a group speaking activity during an ASC-funded Talking Out residential stammering course.



**Action for Stammering Children is the UK charity for children and young people who stammer, their families, and the communities who support them.**

(Left) Members of our Youth Panel meet in London to discuss their strategy for the year ahead



**We're here to make sure that every child who stammers has the support, respect and confidence to live the life they want to lead.**

**We support and empower parents, caregivers and professionals; facilitate and champion research; and campaign for changes in policy and societal attitudes.**



(Left) Elliott appears in our award-winning short film 'Me & My Stammer'. **Read his story on Page 25.**

# Contents

2

## THE YEAR IN REVIEW

- 2 Message from the Chair of Trustees
- 4 The Year in Numbers: Adaptation, Innovation and Resilience
- 6 A Strategic Approach to Charity Activity

8

## OUR IMPACT

- 10 Supporting and Empowering
- 16 Championing Research
- 18 Changing Policies and Attitudes

22

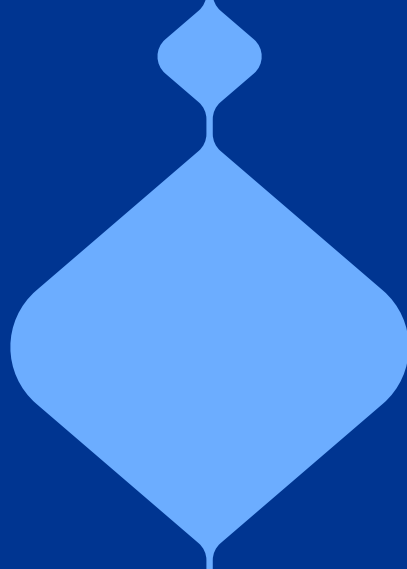
## PLANNING FOR THE FUTURE

- 24 Looking Ahead to 2023/34
- 25 Elliott's Story
- 26 Key Areas and KPI Targets

30

## FINANCIAL REVIEW

- 32 Charitable income
- 34 Charitable expenditure
- 38 Trustee's Responsibilities Statement
- 40 Independent Examiner's Report
- 42 Statement of Financial Activities
- 45 Notes to the Financial Statements
- 57 The Charity, its Trustees And Advisers



# Message from the Chair of Trustees

It's been quite a year! Action for Stammering Children may be a small charity but we have big ambitions. And we have definitively begun to realise those ambitions over the last year.

With a relatively new Chair and a new Chief Executive, Dr Ria Bernard, we have refreshed our strategic direction and organised ourselves more systematically. The three key elements of our strategy – supporting and empowering children and young people who stammer and their families, research and policy, and influencing and lobbying – steer all our activities.

We have indeed been very active. As you'll see from the Annual Report of Trustees below, it's been a very busy year for our small but dynamic team of three. It is extraordinary what they have managed to do. One of the highlights of the year was our short film, 'Me and My Stammer', starring 11-year old Elliott and Ed Balls, ASC Vice-President, that was premiered at the Prince Charles Cinema in Leicester Square with the BBC's Felicity Baker as host.

We were delighted that the film won a Gold People's Choice Award and even more importantly, that it has been seen by over 27,000 people and received countless positive feedback from young people who stammer, enabling us to raise awareness about stammering in children.

The charity has spread our wings and we have developed our partnerships with City University, Talking Out Ltd residential courses, Humber Teaching NHS Foundation Trust, The Royal College of Speech and Language Therapists, and the James Lind Alliance, in addition to our long-standing partnership with The Michael Palin Centre, with its internationally renowned provision for stammering children. Our awesome Youth Panel have continued to be central to our work, informing all that we do as well as organising their own projects. I was particularly delighted to welcome Zain Ghani and Joe Allen, two former members of the Youth Panel on to the Trustee Board. Meanwhile, the ASC Mentoring project and our network of Stambassadors continue to thrive. Enormous thanks to our mentors and Stambassadors who do so much to support young people who stammer as they journey through education and the workplace.

In addition to Zain and Joe, we have welcomed Alison Lowton, Juliet Leach, Felicity Baker, Natalie Carver, Archana Mathur and Stephen McAteer to our Trustee Board as we bade a grateful farewell to retiring trustees Samira Ahmed and Anne Whateley. Our new trustees bring a very wide range of experience to what had been a relatively small board.

A heartfelt thank you to those who speak up for us, who fund us and who have donated to us. Without you, of course, ASC would be unable to achieve what we do.

I look forward to the next year, enthused by our plans for the future to ensure that every child who stammer has the support, respect and confidence to lead the live they want to lead.



**Dame Jane Roberts**

Chair of Board of Trustees



Chair of Board of Trustees  
Dame Jane Roberts

# The Year in Numbers: Adaptation, Innovation and Resilience

**27,000**

Views of 'Me & My Stammer'

**2**

Award winning films  
to raise awareness  
about stammering

**12**

Beneficiaries participated in  
our mentoring scheme

**200**

Individuals contributed to development of our  
research priorities

**1**

New research  
publication

**1m+**

People engaged via social  
media

**53**

Children accessed specialists assessment  
and therapy through our partnership  
projects

# A Strategic Approach to Charity Activity

To achieve its mission, the Charity undertakes activities and projects across the following three key areas:

Supporting and empowering

Research and policy

Lobbying and influencing

The three key areas align with our six strategic goals:

1

To increase access to effective therapy services for children and young people across the UK who stammer.

2

To empower children and young people who stammer by giving them a voice within our organisation and in society.

3

To assist the parents of children and young people who stammer, so that they are better able to support their child.

4

To improve the ability of speech and language therapists to provide effective services to children and young people who stammer.

5

To promote research into the most effective treatment of stammering in children and young people.

6

To promote awareness of stammering and the impact it has on children and young people's lives, and to change public perceptions.

# Our Impact

In this section, we share the impact our work has had on families across the UK. Our activity is centred around three action areas that ensure we are meeting the needs of the 8% of children who stammer.

(Below) Youth Panel members attend our Parliamentary reception to celebrate the success of our ASC mentoring programme for young people who stammer. Photo by David Madden



## Key Area 1

# Supporting and Empowering

We provide resources, advice and guidance for children and young people who stammer, their families, and the professionals who support them.

**“It’s made me realise that my stammering isn’t a bad thing and I do not need to change it.”**

### **Project: Residential Stammering Courses**

We have partnered with speech and language therapy practice, Talking Out, to deliver three week-long stammering courses to young people living in the UK each year. A core part of our offer to families, we fund one online course and two residential stammering courses, which take place at Beverley Park in North Yorkshire. These courses promote self-confidence, resilience and acceptance of stammering. As well as offering a unique opportunity to meet other young people who stammer and talk about the impact stammering has on their lives.

The residential courses comprise an active programme of speech and language therapy sessions integrated with outdoor team building activities. The online courses comprise the same therapeutic elements in the absence of the outdoor activities.

We worked with our partners to develop an online version of the course during the pandemic to allow us to continue to provide support to young people who stammer safely. During the evaluation, we noted that the online courses were reaching a different demographic to the residential, helping us to meet our objective of improving access to effective intervention, regardless of background.

Combined with their success and popularity, we have resolved to retain the online courses as part of our offer to families.

This year, we funded two residential stammering courses that took place in the May and October half terms. We fully-funded places for 37 young people who stammer aged between 12 and 17 years of age who came from across the UK.

When outcomes following the course were compared to baseline (scores before the course started), beneficiaries showed a reduction in the negative impact of stammering on their quality of life, and improved self-perception. These positive gains were still evident 3- and 6-months later.

The online course was moved from February 2023 to May 2023, and we will report on the outcomes from that course in our next annual review. By the end of the course, we aim for young people to have achieved:

- Confidence in communicating.
- A more positive attitude to speaking.
- Decreased sensitivity to stammering.
- Problem solving and self-help skills.
- Positive thinking skills.

**“It helped with confidence, [my daughter] wasn’t alone and could relate to the other children.”**

(Below) A participant at a recent Talking Out residential stammering course funded by ASC





## Project: Summer stammering course

We continue to work with our partners at City University, who run an intensive stammering course every summer for children across the UK. For several years, we have provided funding that enables lower income families to access the course in line with our objective to ensure equal access to services. This year was no exception but we do intend to scale up our offer to facilitate access for a larger number of low income families through a dedicated bursary scheme.

The course is run by specialist speech and language therapists, with the support of speech and language therapy students. Consequently, this course increases the number of soon-to-be speech and language therapists qualifying with additional experience of working with children who stammer.

## Project: Specialist assessments and therapy at MPC

We continue to work with our long-standing partners at the internationally recognised Michael Palin Centre (MPC) for stammering. For more than 30 years, we have funded assessments, therapy, training, research and other activities that were not otherwise funded by the NHS. In 2011, we purchased the MPC building helping to ensure that the stammering service run by Whittington Health NHS Trust could continue to flourish on its own premises, and we continue to lease the building to the Trust as part of our charitable activity.

We are proud of our long history with the MPC and the positive impact this has resulted in for thousands of families. We look forward to continuing to fund services and activities for children and families who would not otherwise be able to access this expert support.

Each year, we work with our partners to determine the level of funding required for the new year. Compared to previous years, we funded a smaller amount of activity in 2022/23. This was due to changes in the funding mechanisms supporting the MPC, and the fact that less funding from the charity was requested on this occasion. Nevertheless, we were pleased to fund specialist assessments and therapy places for children and young people who stammer, and their families, living in London. We look forward to continuing to work closely with our partners in the years to

**Parent feedback:** “After experience of local SALT services in my borough, we were getting very frustrated at the lack of help and support my son had been receiving, and his stammer was becoming more severe and he was going backwards. So as a last resort, we contacted MPC where my son had received care previously. Staff were very helpful and I finally feel my son is getting the service, treatment and support he needs.”

## Project: ASC Mentoring Programme

This year saw the second cohort of young people who stammer embark on the 6-month mentoring programme that we offer in collaboration with our partners, Iain Wilkie and Sam Simpson.

The programme offers an opportunity for adolescents aged between 18 and 25 to be paired with a professional who has a stammer, to support them with the transition into higher education or the workplace. We are especially grateful to the mentors who volunteer to take part in this programme, sharing their insights and experience in navigating the often challenging transition between adolescence and young adulthood, with a stammer.

In June, we celebrated the achievements of the first cohort of our mentoring scheme at a Parliamentary Reception hosted by George Freeman MP, and generously sponsored by INHouse Communications.

Following the success of the first cohort, which was generously funded by a legacy donation, we decided to offer another group of young people the chance to enrol in the mentoring scheme. Six young people were paired with a mentor for the 6-month programme, which kicked off in February 2023. Outcomes from the second cohort will be included in our next annual review. It is hoped that we will be able to offer this opportunity to many more young people in the years to come, and we are therefore busy trying to secure sustainable funding for this project.

**“It was life changing.”**

(Below) Members of our Youth Panel at our Stambition celebration event in Parliament with George Freeman MP



## Resources and advice for families

We provide resources, advice and guidance for children and young people who stammer, their families, and the professionals who support them. We do this through our website, social media and collaboration with our stakeholders.

Social media offers us the opportunity to reach families across the country and engage with young people to ensure they can feed into our work. This year, we reached nearly 1 million users on Twitter, in addition to our presence on Facebook, Instagram and TikTok.

We are increasingly taking part in events up and down the country, to raise our profile and reach hundreds more families. In August, we were delighted to sponsor the Family Day at STAMMAFest in Liverpool, where we had the chance to speak to parents about the work that we do and the ways we can offer support. We will continue to develop our relationships with speech and language therapy services, schools and charities to raise our profile.



Above: Youth Panel member Michael gives a presentation to a group at STAMMA Fest about the past, present and future of the Action for Stammering Children Youth Panel.

## Stambassador Project

Stambassadors are professionals who have a stammer and who provide inspiration to young people by sharing their own journeys of navigating their career trajectory. Our network of Stambassadors has now reached 62 members, the majority of whom are from outside London.

Our current Stambassadors represent a broad array of industries from media and engineering to medicine and politics. Our Stambassadors are important advocates of the charity who often volunteer to support young people through some of our other programmes, such as the ASC mentoring scheme.

### Impact

We have a proud history of funding specialist assessments and therapy, not otherwise funded by the NHS, to children and young people who stammer in the UK. Over the course of 2022/23, we have continued to work with our partners to offer places on stammering therapy courses nationwide:

- 37 teenagers attended the Talking Out residential stammering courses, with recruitment under way for the online course in May 2023.
- 16 children and young people who stammer, and their families, accessed specialist assessments and/or therapy with our partners at MPC or City University
- 12 adolescents and adults who stammer participated in a 6-month mentoring scheme.
- Hundreds of young people, families and professionals reached through our online resources and advocacy projects.

## Key Area 2

# Championing Research

At Action for Stammering Children we support and promote research into childhood stammering. This builds understanding and feeds into our advocacy work, informing positive changes in policy and practice.

## Doctoral Research Programme

Since 2018, we have co-funded doctoral research into the association between stammering and risk for anxiety and depression in children. The timescales for this research were affected by the pandemic. However, despite the challenges, the second study in this PhD project was published in February 2023. The study examined the factors associated with anxiety and depression symptoms in a group of school-aged children who stammer living across the UK.

Bernard, R. F. L., & Norbury, C. F., (2023). Factors associated with symptoms of anxiety and depression in children who stutter. *Language, Speech & Hearing Services in Schools*, 45(2), 5353 – 549.

## Priority Setting Partnership: Childhood Stammering

Over the last 18 months, we have been busy leading the very first priority setting partnership (PSP) into developmental childhood stammering in the UK, in collaboration with the

James Lind Alliance. Through engagement with young people who stammer, their families, and clinicians who routinely work with them, we are seeking to determine the key priorities for future research into childhood stammering as identified by those with experience of stammering.

This will provide the foundations to lobby for much-needed funding into stammering research and promote the voice of lived experience in future research studies. We will be launching the final Top Ten in Autumn 2023.

## Impact

- We brought together 14 representatives from across the stammering community to drive forward the priority setting partnership project.
- Over 200 individuals with experience of stammering have contributed to the research priorities project – ensuring the experiences of young people who stammer, parents and clinicians are represented in future research.
- One publication in an international, high impact academic journal.

(Below) ASC Chief Executive Dr. Ria Bernard talks to families about our priority setting partnership with The James Lind Alliance during our ASC-sponsored 'Family Day' at 'STAMMAFEST' 2022.



### Key Area 3

# Changing policies and attitudes

We have been working to make sure the voices of children and young people who stammer are heard. Through our work with the wider community, we challenge prejudices and misconceptions, seeking to change how society treats stammering and promote acceptance.

## ASC Youth Panel

A key driver of this work is our Youth Panel, comprising a group of enthusiastic young people (aged 15 – 25) who advocate and raise awareness about stammering in their local communities, and nationally. Members of the youth panel continue to contribute to our existing projects, from sitting on the steering group of our JLA research priorities project, to representing the charity in the media.

**“By speaking openly about my own experiences, I hope to encourage others with stammers to be more open and to feel less alone.”**

In March 2023, we held a strategy day in Westminster to determine the next steps for the Youth Panel, and how we encourage more young people to get involved. Tucked away just around the corner from the Houses of Parliament, our Youth Panel members spent an afternoon strategizing for the year ahead – forming the first Youth Panel Committee. Elections are set to take place next financial year, and we have ambitions to expand the Youth Panel further, ensuring representation from across the UK.

## International Stammering Awareness Day (ISAD) 2022

In October, we ran a special programme of events to mark International Stammering Awareness Day (ISAD). Highlights included:

- Release of our new short film, *Me & My Stammer*;
- Storytime and Q&A event with author of *How to be more Hedgehog*, Anne-Marie Conway;
- Live recording of the 40th episode of the *Stammer Stories* podcast with founder, Will Laven, and influencer, Jessie Davies, at PG One;
- Launch of *My Stammering* Child film at Hull Minster.



(Above) Jessie Yendle (MimiDarlingBeauty) joins William Laven for a live podcast recording sponsored by ASC.

## Short film: Me & My Stammer

A particular highlight for us this year was the production of our new short film, *Me & My Stammer*, featuring 10-year old Elliott, and our Vice-President, Ed Balls. The film follows Elliott's journey with his stammer, and aims to both raise awareness about the impact of stammering on children and the need to change public attitudes towards stammering.

We welcomed our supporters to a special film screening at the Prince Charles Cinema in Leicester Square, hosted by BBC producer, Felicity Baker. Following the film's release to mark International Stammering Awareness Day, it has been viewed over 27,000 times, and engaged parents, young people, teachers and speech and language therapists. Elliott has been busy visiting schools to talk about the film and speaking on the local radio about stammering.

In March, we were thrilled to receive a Gold People's Choice Award at the Smiley Charity Film Awards. We plan to help generate awareness about the impact of stammering on children within schools and health services.

We are grateful to the Media Trust for the opportunity to make the film, and have been overwhelmed with the response from the wider community.

**Feedback:** *"As a girl who grew up with a stammer, films like these are priceless! So much of my therapy was about accepting and learning to live with it. Consequently, it also made me want to become an SLT due to the impact the profession had on my own life!"*



(Above left) Elliott & ASC Vice President Ed Balls (Right) Elliott talking about our short film to BBC Radio Wiltshire

## Animation film: My Stammering Child

We partnered with speech and language therapists from Humber Teaching NHS Foundation Trust, Hear in Hull, to fund the production and distribution of animated film, *My Stammering Child*, aimed at parents of children who stammer. The film talks about the ways that parents can support their children, and is voiced by young people who stammer. The two speech and language therapists behind the film, Stobhan and Ruth, organised an impressive event at Hull Minster, bringing together families, speech and language therapists and stakeholders across the stammering community.

The film has already been viewed over 3,500 times; translated into Italian; and is being used as a resource by speech and language therapy services and UK universities. It has been entered for three film festivals.

### Impact

- Our Youth Panel now comprises 13 young people from across England, the majority of whom live outside of London.
- Release of award-winning film, *Me & My Stammer*, allowed us to reach thousands on social media.
- Second film in the Hear in Hull animation series released.



(Above) Characters from the 'My Stammering Child' animated film

# Planning for the future

(Left) Young people having fun alongside Talking Out facilitator Ben Bolton-Grant during a confidence-building outdoor activity at an ASC-funded Talking Out residential stammering course.



# Looking ahead to 2023/24

For those who have been involved with Action for Stammering Children for some time, you may have noticed we look a little different this year. With a refreshed strategy and vision – developed in consultation with our key stakeholders – we have ambitious plans to build on the strong foundations developed over the last 30 or so years.

As the national charity for children and young people who stammer, and their families, we have several new initiatives planned to fulfil our mission of providing much-needed support, guidance and advice to families of children who stammer across the UK. This means that in addition to our long-standing partnership with the Michael Palin Centre, we will be working with a variety of organisational partners to increase the diversity of the activities and projects we offer.

This is an exciting time for our charity. We are grateful to all those who have supported our work over the past year through donations, fundraising activity and advocating for greater awareness about the impact of stammering. We could not do what we do without your generous support, and we hope that you will continue to support us in our efforts to reach the hundreds of families in need.

In order to get several of our ambitious new projects off the ground, the board has taken the decision to designate some of the charity's reserves to specific projects in 2023/24. These new projects include a national stammering support service for young people who stammer, families and professionals and an England-wide schools project. Funds have also been designated to develop capacity within the small operational team, with the purpose of generating income and expanding our activity.

Ultimately, we're here to make sure that every child who stammers has the support, respect and confidence to live the life they want to lead. In this section, we offer a glimpse of how we intend to achieve this and the exciting activities to keep an eye out for in 2023/24.

## Case Study

### Elliott's Story

My name is Elliott, I am 11 years old and I have a stammer. I have learned that a stammer can't be cured and it is just part of who you are – it can be annoying, but it's nothing to be ashamed of.

My journey started by talking about having a stammer on my TikTok account and my followers grew quickly. One day my Mum posted about what I was doing online, and then Action for Stammering Children asked me if I wanted to be involved with the charity. First, I did a 'Top Tip' and then they asked if I would like to be involved in a small film about stammering.

Of course I said yes. I auditioned for the role and I got it and from that moment everything just got better and better.

I was really proud when I saw the film for the first time and hoped it would help lots and lots of children.

A few months later 'Me & My Stammer' won Gold People's Choice at the Smiley Charity Film Awards and that day I was happier than ever.

Since then I have talked about my experience at my school and at some other schools too. Children ask me questions about the film, about stammering and I explain why I am not ashamed to have a stammer and I am proud to be different.

Stammer awareness is very important to me. I want to carry on raising awareness and talking about accepting what makes you unique – and one day I might even be a national radio presenter!



"We were incredibly lucky to be joined by Elliott who talked to all of the children about his mission to ensure people with a stammer are seen in the public eye and feel comfortable and proud of their stammer. He is a fantastic advocate for celebrating what makes us all 'unique', which is of course a big part of our vision."

- **Whiteshill Primary School**

Above: Elliott appearing in our award-winning short film

## Key Area 1

### Supporting & empowering

- We intend to work with our partners, including the Michael Palin Centre, Talking Out Ltd, and City University, to fund access to specialist assessment and therapy that would otherwise be unavailable via the NHS.
- We are planning to make the mentoring programme a permanent component of our offer to young people who stammer. In doing so, young people who want it can access advice and guidance from a mentor who understands the challenges that living with a stammer can pose when taking the next step in their academic or career journey.
- Launching a new nationwide support service for young people, families and professionals.
- Working closely with our current Youth Panel, we are planning to recruit new members who will get involved in our projects and support our advocacy work.

### KPI Targets

- Provide 100 families access to one of our partnership projects.
- Extend the number and representation of the Youth Panel, and develop plans to engage young people from all four UK nations.

## Key Area 2

### Research & policy

- We are aiming to wrap up the research priorities project next year, which will see us launch the Top 10 priorities for future research into childhood stammering.
- The doctoral programme that we have been funding is due to be completed in 2023, and we are looking forward to sharing insights from this research thesis.
- We will be attending the Oxford Dysfluency Conference to talk about the research activities that our charity has been involved in and networking with others in the field to ensure we continue to promote the most robust and meaningful research into childhood stammering.
- We plan to develop our understanding of the state of speech and language therapy provision for stammering across England to inform our policy work.

### KPI Targets

- 1 completed doctoral thesis
- Publication of the Top Ten research priorities
- A new service mapping project to understand the services available locally in England.



### Key Area 3

#### Lobbying & influencing

#### KPI Targets

- Hold a special event to officially launch the Stambassador Network.
- Run at least one online campaign that aims to change attitudes and raise awareness about stammering impact in society.

- We will continue to invite adults who stammer to become part of our Stambassador Programme, and intend to develop this into a network that is beneficial both to those who are part of it and to the charity in terms of outreach.
- We intend to develop a new England-wide schools project to ensure that children who stammer are better supported in the classroom.
- We will continue to work with key organisations in this space, such as the Royal College of Speech & Language Therapists, to ensure children and young people who stammer and their families have access to the support they need.
- We are planning to run more campaigns informed by our Youth Panel and the families we support to raise awareness about the impact of stammering on children, and the ways society can better support them.



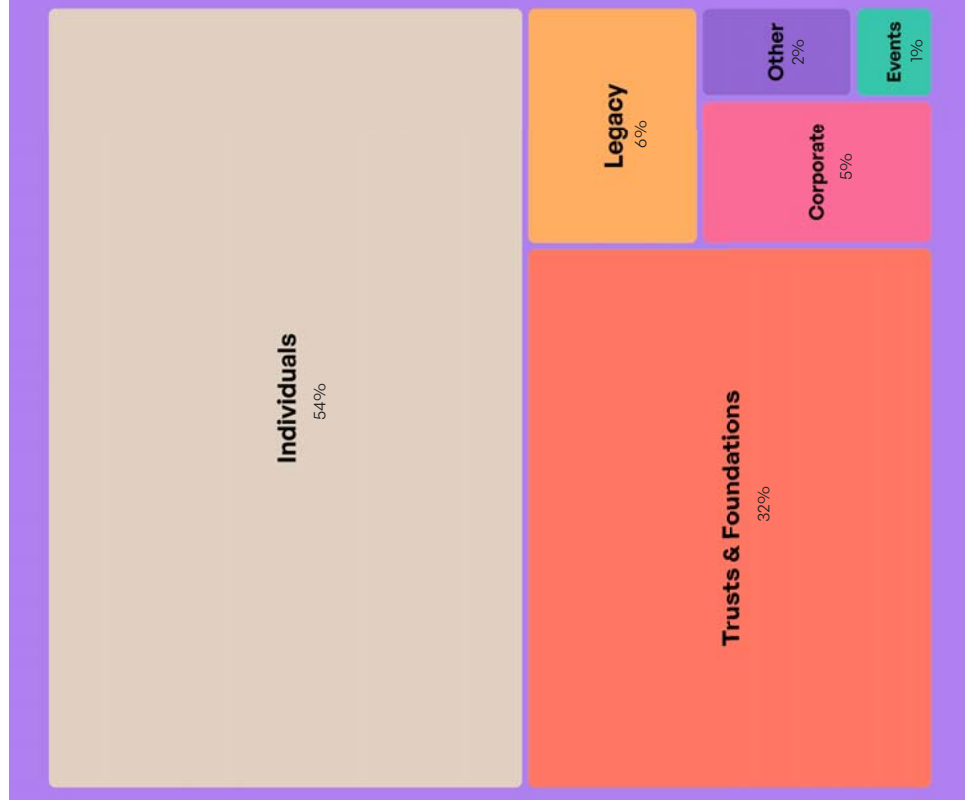
Behind the scenes shots from our award-winning short film 'Me & My Stammer': (Above) Simon Matthews directs comedian Ed Elliott as the character of 'Elliott's Stammer'. (Below) Elliott and Ed having fun between takes.



# Financial Review

# Breakdown of Charitable Income

Sources of Income 2022/23



## Income

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities.

The year to 31 March 2023 has continued to be challenging and total income for the year to 31 March 2023 amounted to £388,275, down from £527,966 in the year ended 31 March 2022. This was due largely to the loss of a major fundraiser at the beginning of the year.

The Charity has complied with the relevant codes of practice. We have received no complaints in relation to fundraising activities. (2022: none)

## Reserves

Total general funds, shown in note 15 of £722,937 comprises designated funds of £300,00 and unrestricted free reserves of £422,937.

Designated funds of £300,000 have been earmarked for expenditure on key strategic projects in 2024 to enable these to commence, whilst longer term funding is being secured.

Unrestricted free reserves of £422,937 represents approximately 10 months expenditure, in line with current policy.

## Reserves Policy and Going Concern

The Trustees have considered the desired level of unrestricted funds, not designated for specific purposes or otherwise committed (free reserves). Given the nature of the Charity's work, we have determined that the level of free reserves should be equivalent to nine to twelve months of expenditure. In our judgement, this provides sufficient flexibility to cover any temporary shortfalls in incoming resources and ensures that the Charity is able to continue its work, and also able to respond immediately to a reasonable range of unforeseen adverse circumstances, before remedial plans can be implemented. This policy will be kept under constant review.

# Breakdown of Charitable Expenditure

Project Expenditure 2022-23



## Expenditure

Given the challenges in raising funds this year, expenditure has been closely monitored throughout the year to protect reserves and enable the Charity to continue its work. Expenditure of £305,583 was spent on charitable activity in the year ended 31 March 2023, down from £324,039 in the year ended 31 March 2022.

Key changes in expenditure during the year were as follows:

- Expenditure on the Michael Palin Centre (MPC) was significantly lower due to a reduction in requests for charitable funding.
- Expenditure was increased with our following partners to enable the delivery of some of our key strategic objectives:
  - » Talking Out Ltd: to deliver two week-long stammering courses to young people (page 10)
  - » James Lind Alliance: to deliver the very first Top 10 research priorities informed by the stammering community next year (pg. 16)
- Expenditure was increased on the ASC Elevator Pitch project to refine our brand strategy, enabling us to ultimately reach thousands more families.

## Investment Powers and Policy

The Board of Trustees' policy is to invest in low risk, liquid investments. Accordingly, Action for Stammering Children invests its funds in cash deposits.

## Constitution

The Charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 15 December 1988, which was last revised in September 2014, and as a charity on 21 March 1989.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association.

## Organisational Structure

The Charity's Board of Trustees meets in person or online, at least five times per annum. At the end of March 2023, the Board comprises 13 members from a variety of professional backgrounds, many of whom have experience of stammering, either personally or through a family member. Trustees retire by rotation after three years, but are eligible for re-election for up to three terms of office.

The Chief Executive of the Charity implements the strategy set by the Trustees and has a prime responsibility for fundraising.

## Trustees Recruitment and Induction

The Board of Trustees seeks to ensure that the interests of children who stammer are appropriately represented in the Trustee body. Prospective board members are appointed by the board either after an external recruitment or, less often, having been nominated by a board member. The Trustees also aim to maintain a broad mix of backgrounds and business skills on the Board.

The Board of Trustees is committed to being a diverse and inclusive body. The skills and experience of Trustees are reviewed regularly, which also informs recruitment of new Trustees. New Trustees take part in a full induction programme covering all aspects of the work of the Charity, its governance and finances.

## Board of Trustees

The Trustees are directors for the purpose of company law and trustees for the purpose of charity law. Trustees who served during the year and up to the date of this report are set out on page 55.

The members of the charitable company include the Trustees. Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up.

## Method of Appointment or Election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

## Relationship with Related Parties and co-operation with other organisations

The work of Action for Stammering Children is centred around three key action areas: (i) support and information; (ii) championing research; (iii) influencing societal attitudes and public policy. Direct work with beneficiaries is largely delivered through our partnership projects to ensure that children receive expert support that would not be available through the NHS. For example, specialist stammering courses. This year, we have collaborated with a number of project partners to deliver effective support to our beneficiaries, including Talking Out Ltd., the Michael Palin Centre, City University, 50 Million Voices, and Redefining Stammering.

In addition, Action for Stammering Children has worked with the Hear in Hull team, the Media Trust, and the James Lind Alliance, to meet its strategic objectives around advocacy and promoting research.

The Charity has a strict conflict of interest policy and declarations are made at the start of every trustee meeting.

## Pay Policy for Senior Staff

All Trustees give their time freely and no Trustee received remuneration in the year.

The Board has overall responsibility for the pay policy and the salaries of staff. The Chair, Treasurer and Company Secretary oversee the administration of the pay policy, evaluates employee performance and decides on any changes to pay.

Our general principles are to pay our employees a fair salary that is competitive within the charity sector, proportionate to the complexity of the role, and responsible in line with our charitable objectives.

## Risk Policy

The Board of Trustees continues to review and evaluate the key risks faced by the charity at Board meetings throughout the year. A formal risk register is maintained to record ongoing risk assessments and track key mitigating activity. The key risks of the charity include risks associated with its governance, delivery of key strategic objectives, safeguarding of charitable assets and compliance with regulation.

The Board of Trustees ensures that robust policies, procedures, systems and financial controls are in place to mitigate key risks to protect the reputation of the charity.

The risks to the Charity have been reviewed throughout the year and the Risk Register maintained, together with any risk mitigating plans.

The key risks continue to be fundraising, due to the difficulties in obtaining large or multi-year grants and the recent loss of a key long term funder. Additionally, the current economic environment and limited operational capacity has been noted as contributing to fundraising issues. New risks include the changing relationship with Whittington Health NHS Trust in terms of communicating this new association and managing future funding arrangements.

## Public Benefit

The Trustees have taken in to account the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The Trustees' report demonstrates our commitment to providing public benefit.

# Trustee's Responsibilities Statement

The Trustees (who are also directors of Action for Stammering Children for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statement in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the Trustees on the 16th November 2023 and signed on their behalf, by:



**Dame Jane Roberts**  
Chair of Board of Trustees

# Independent Examiner's Report to the Trustees of Action for Stammering Children

I report to the Charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2023, which are set out on pages 40 to 53.

## Responsibilities and basis of report

As the Charity Trustees of the Company (and also its Directors for the purposes of Company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

## Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- The accounts do not accord with those records; or
- The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Report Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 20 December 2023



## Michael Cooper-Davis ACA FCCA

For and on behalf of Price Bailey LLP  
Chartered Accountants  
Causeway House  
1 Dane Street  
Bishop's Stortford  
Hertfordshire  
CM23 3BT

## Statement of Financial Activities

(Incorporating expenditure and income accounts)  
For the year ended 31 March 2023

	Note	Restricted Funds	Unrestricted Funds General	Designated	Total 2023	Total 2022
		£	£	£	£	£
<b>Income and Expenditure</b>						
<b>Income from:</b>						
Donations and legacies	2	97,980	285,183	-	383,163	523,515
Other trading activities	3	-	1,689	-	1,689	3,408
Investments	4	-	3,423	-	3,423	1,073
<b>Total Income</b>		<b>97,980</b>	<b>290,295</b>	<b>-</b>	<b>388,275</b>	<b>527,996</b>
<b>Expenditure on:</b>						
Raising funds	5	-	71,435	-	71,435	61,194
Charitable activities	6	108,909	125,239	-	234,148	262,845
<b>Total expenditure</b>		<b>108,909</b>	<b>196,674</b>	<b>-</b>	<b>305,583</b>	<b>324,039</b>
(Loss)/gain on investments		-	-	-	-	-
<b>Net (expenditure)/income</b>		<b>(10,929)</b>	<b>93,621</b>	<b>-</b>	<b>82,692</b>	<b>203,957</b>
<b>Transfer between funds</b>		200	(150,200)	150,000	-	-
<b>Net movement in funds</b>		<b>(10,729)</b>	<b>(56,579)</b>	<b>150,000</b>	<b>82,692</b>	<b>203,957</b>
<b>Reconciliation of funds</b>						
Total funds brought forward		747,333	479,516	150,000	1,376,849	1,172,892
<b>Total funds carried forward</b>	15	<b>736,604</b>	<b>422,937</b>	<b>300,000</b>	<b>1,459,541</b>	<b>1,376,849</b>

There are no recognised gains and losses other than those in the statement of financial activities. Therefore no statement of total recognised gains and losses has been prepared. All the above amounts relate to continuing activities.

The notes on pages 43 to 55 form part of these financial accounts.

## Balance Sheet

Company no. 02328627  
For the year ended 31 March 2023

	Note	2023	2022
		£	£
<b>Fixed Assets</b>			
Tangible Assets	11	592,000	592,000
<b>Current Assets</b>			
Debtors	12	455	14,269
Cash at bank and in hand		945,026	787,739
		945,481	802,008
Creditors	13	(77,940)	(17,159)
<b>Net Current Assets</b>		<b>867,541</b>	<b>784,849</b>
<b>Total Net Assets</b>		<b>1,459,541</b>	<b>1,376,849</b>
<b>Funds</b>			
Designated funds	15	300,000	150,000
Unrestricted funds free reserves	15	422,937	479,516
Restricted fixed asset funds	15	592,000	592,000
Restricted funds	15	144,604	155,333
<b>Total funds and reserves</b>		<b>1,459,541</b>	<b>1,376,849</b>

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

### Directors' Responsibilities:

- The members have not required the company to obtain audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts were approved by the Board of Trustees on 16th November 2023 and signed on their behalf on 4th December by:



**Dame Jane Roberts**  
Chair of Trustees



## Statement of Cash Flows

For the year ended 31 March 2023

	2023	2022
	£	£
<b>Cash flows from operating activities</b>		
<i>(Deficit)/surplus for the financial year</i>	82,692	203,957
<b>Adjustments for:</b>		
<i>Depreciation of tangible assets</i>	-	-
<i>Investment income</i>	(3,423)	(1,073)
<i>Decrease/(increase) in debtors</i>	13,814	(11,040)
<i>(Decrease)/increase in creditors</i>	60,781	(58,276)
<b>Net cash generated from operating activities</b>	<u>153,864</u>	<u>133,568</u>
<b>Cash flows from investing activities</b>		
<i>Income from investments</i>	3,423	1,073
<b>Net cash from investing activities</b>	<u>3,423</u>	<u>1,073</u>
<b>Net (decrease)/increase in cash and cash equivalents</b>	157,287	134,641
<i>Cash and cash equivalents at the beginning of the year</i>	787,739	653,098
<b>Cash equivalents at the end of the year</b>	<u>945,026</u>	<u>787,739</u>
<b>Cash and cash equivalents at the end of the year comprise:</b>		
<b>Cash at bank and in hand</b>	<u>945,026</u>	<u>787,739</u>
<b>Net debt reconciliation:</b>		
<i>Cash and cash equivalents at the beginning of the year</i>	787,739	653,098
<i>Net cash outflow in the year</i>	157,287	134,641
<b>Cash and cash equivalents at the year end</b>	<u>945,026</u>	<u>787,739</u>

# Notes to the Financial Statements

For the Year Ended 31 March 2023

## 1. Accounting Policies

### 1.1 Basis of preparation of financial statements

The Financial Statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Action for Stammering Children meets the definition of a public benefit entity under FRS 102. Assets and liabilities recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The functional and presentational currency used in the financial statement is Pounds Sterling.

### 1.2 Company status

The Charity is a company limited by guarantee and is incorporated and domiciled in England. The members of the company are the Trustees named on page 55. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity. The Charity's registered office is The Michael Palin Centre for Stammering Children, 13-15 Pine Street, London, EC1R 0JG.

### 1.4 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Trustees make estimates and assumptions concerning the future.

### 1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes. Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements (page 54).

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements. Investment income, gains and losses are allocated to the appropriate fund.

The resulting estimates and assumptions will, by definition, seldom equal the related actual results. There are not deemed to be any estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

### 1.5 Going concern

The Trustees consider that the resources available to the Charity will be sufficient for it to be able to continue as a going concern. The financial statements do not contain any adjustments that would be required if the Charity were not able to continue as a going concern.

### 1.6 Income

All income is included in the Statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grant income is recognised when there is a firm commitment and certainty that the funds will be received.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation. Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

### 1.7 Expenditure

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the Charity. Governance costs are those incurred

in connection with administration of the Charity and compliance with constitutional and statutory requirements.

### 1.8 Tangible fixed assets and appreciation

All assets costing more than £1,500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer and other equipment – 3 years on a straight line basis

Freehold Property – over 50 years to an estimated residual value of £592,000

### 1.9 Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction.

Exchange gains and losses are recognised in the Statement of Financial Activities.

### 1.10 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

### 1.11 Creditors

Creditors are recognised as soon as there is legal or constructive obligation committing the charity to pay out resources.

### 1.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value. Fixed assets are recorded at depreciated historical cost.

### 1.13 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### 1.14 Pension costs

The Charity operates a defined contribution pension scheme for employees.

The assets of the scheme are held separately from those of the Charity. The annual contributions payable are charged to the statement of financial activities.

### 1.15 Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part II of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## 2. Donations and Legacies

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Grants and donations	97,980	261,620	359,600	456,515
Legacies	-	23,563	23,563	67,000
<b>Total donations</b>	<b>97,980</b>	<b>285,183</b>	<b>383,163</b>	<b>523,515</b>

Income from donations in 2022 included £250,400 of unrestricted income and £273,115 of restricted fund income.

## 3. Trading Activities

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Charity trading income	-	1,689	1,689	3,408
Books and DVD sales	-	1,689	1,689	3,408
<b>Net income from trading activities</b>	<b>-</b>	<b>1,689</b>	<b>1,689</b>	<b>3,408</b>

Income from charitable activities in 2022 was all unrestricted.

## 4. Investment Income

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Bank interest received	-	3,423	3,423	1,073

Income from charitable activities in 2022 was all unrestricted.

## 5. Expenditure on Raising Funds

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Events and fundraising	-	10,125	10,125	5,394
Voluntary income staff costs	-	61,310	61,310	55,800
		<b>71,435</b>	<b>71,435</b>	<b>61,194</b>

Of the 2022 costs of raising funds £61,194 was unrestricted.

## 6. Expenditure on Charitable Activity

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023
	£	£	£
<b>Summary by Fund Type</b>			
Michael Palin Centre (MPC) - London	67,937	21,455	89,392
Stambition Mentoring project	-	13,236	13,236
Stammering Tap project	3,900	3,631	7,531
ASC Elevator Pitch project	26,633	14,304	40,937
'Talking Out' residents	6,534	57,296	63,830
JLA Research Project	3,435	10,728	14,163
Other charitable expenditure	570	4,589	5,159
<b>Total</b>	<b>108,909</b>	<b>125,239</b>	<b>234,148</b>

### Prior Year - Summary By Fund Type

	Restricted Funds 2022	Unrestricted Funds 2022	Total Funds 2022
	£	£	£
Michael Palin Centre (MPC) - London	178,773	44,098	222,871
Stambition Mentoring project	5,000	1,245	6,245
Stammering Tap project	-	34	34
Residential programmes	22,456	9,613	32,069
Research programmes	1,626	-	1,626
<b>Total</b>	<b>207,855</b>	<b>54,990</b>	<b>262,845</b>

## 7. Expenditure By Charitable Activity

	Total 2023	Total 2022
	£	£
<b>Direct costs:</b>		
Assessments	8,726	100,000
Clinical Work	43,648	15,188
Returners	6,215	4,000
"Talking Out" Residentials	53,102	32,069
JLA Research Project	3,435	6,626
Stambition Mentoring Project	6,084	1,521
Stammering Tap Project	3,955	34
ASC Elevator Pitch Project	26,533	-
ASC Support Hub	-	17,500
Education and Training	-	7,500
Other Charitable Expenditure	1,023	-
Costs Relating to Charitable Projects	45,851	46,717
<b>Support costs (note 8)</b>	<b>198,572</b>	<b>231,155</b>
<b>Total</b>	<b>234,148</b>	<b>31,690</b>
	<b>234,148</b>	<b>262,845</b>

## 8. Support Costs

	Total 2023	Total 2022
	£	£
Staff costs	18,421	12,402
Staff expenses	3,013	1,557
Website costs	1,296	1,154
Youth Panel	1,097	1,827
Miscellaneous	5,396	2,313
Governance Costs	5,672	7,583
IT Costs	681	4,854
<b>Total</b>	<b>35,576</b>	<b>31,690</b>

## 9. Net (Expenditure)/Income For The Year

Total 2023	Total 2022
£	£
4,794	3,600

This is stated after charging:  
Independent Examiner's Fee

Trustees did not receive remuneration or benefits in kind. Trustees expenses reimbursement in the year totalled £Nil (2022: £517)

## 10. Staff Costs

	Total 2023	Total 2022
	£	£
Wages and Salaries	115,430	103,467
Social Security Costs	7,676	6,617
Pension Costs	2,476	2,515
<b>Total Staff Costs</b>	<b>125,582</b>	<b>112,599</b>

**Average monthly number of employees during the year**

Total 2023	Total 2022
No.	No.
3	3

**Average number of staff**

1 employee received emoluments amounting to more than £60,000 (2022: 0)

The key management personnel of the Charity comprise the Trustees and management teams as listed on page 55. The total amount of employee benefits (including employer pension and national insurance contributions) received by the key management personnel for their services to the Charity was £76,598 (2022: £58,366)

## 11. Tangible Fixed Assets

	Freehold Property	Office Equipment	Total 2023
	£	£	£
<b>Cost</b>			
At 1 April 2022	592,000	60,814	652,814
Additions	-	-	-
Disposals	-	-	-
At 31 March 2023	<b>592,000</b>	<b>60,814</b>	<b>652,814</b>
<b>Depreciation</b>			
At 1 April 2022	-	60,814	60,814
Charged	-	-	-
Disposals	-	-	-
At 31 March 2023	<b>-</b>	<b>60,814</b>	<b>60,814</b>
<b>Net Book Value</b>	<b>592,000</b>	<b>-</b>	<b>592,000</b>
At 31 March 2023	<b>592,000</b>	<b>-</b>	<b>592,000</b>
At 31 March 2022	<b>592,000</b>	<b>-</b>	<b>592,000</b>

## 12. Debtors

	Total 2023	Total 2022
Other debtors	£	£
	455	14,269
<b>Total</b>	<b>455</b>	<b>14,269</b>

## 13. Creditors

	Total 2023	Total 2022
Accruals and Deferred Income	£	£
Social Security	75,350	14,712
Other Creditors	1,864	2,416
	726	31
<b>Total</b>	<b>77,940</b>	<b>17,159</b>

Deferred income at 1 April 2022

Resources deferred during the year

Amounts released from previous periods

	10,668	43,826
	-	10,668
	-	(43,826)
	<b>10,668</b>	<b>10,668</b>

Deferred income relates to grant funding received in advance of the 2023/24 financial year.

## 14. Pension Commitments

The charity operates a defined contributions pension scheme. The total contributions for the year amounted to £2,476 (2022: £2,515). No amounts were payable to the fund at the year end (2022: ENil)

## 15. Statement of Funds

	1 April 2022	Income	Expenditure	Transfers	31 March 2023
	£	£	£	£	£
<b>Designated funds</b>					
Michael Palin Centre	150,000	-	-	(100,000)	50,000
Talking Out Residentials	-	-	-	75,000	75,000
Mentoring Programme	-	-	-	25,000	25,000
ASC Stammering Support Hub	-	-	-	50,000	50,000
Schools Project	-	-	-	50,000	50,000
Capacity Building	-	-	-	50,000	50,000
General funds	150,000	-	-	150,000	300,000
	479,516	290,295	(196,674)	(150,200)	422,937
<b>General funds</b>	<b>629,516</b>	<b>290,295</b>	<b>(196,674)</b>	<b>(200)</b>	<b>722,937</b>

### Restricted Fixed Asset Funds

Freehold Pine Street	350,000	-	-	-	350,000
Training Room Extension	242,000	-	-	-	242,000
	<b>592,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>592,000</b>

### Restricted Funds

Assessments / Clinical Work	48,426	93,882	(67,937)	200	74,571
Talking Out Residentials	2,534	4,000	(6,534)	-	-
JLA Research Project	25,899	-	(3,435)	-	22,464
ASC Elevator Pitch Project	69,500	-	(26,533)	-	42,967
Stammering Tap Project	4,300	-	(3,900)	-	400
ASC Youth Panel	1,600	-	(570)	-	1,030
Michael Palin Centre	3,074	98	-	-	3,172
	<b>155,333</b>	<b>97,980</b>	<b>(108,909)</b>	<b>200</b>	<b>144,604</b>

### Total Funds

	<b>1,376,849</b>	<b>388,275</b>	<b>(305,583)</b>	<b>-</b>	<b>1,459,541</b>
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## Summary of Funds

	1 April 2022	Income	Expenditure	Transfers	31 March 2023
	£	£	£	£	£
Designated funds	150,000	-	-	150,000	300,000
General funds	479,516	290,295	(196,674)	(150,200)	422,937
	629,516	290,295	(196,674)	(200)	722,937
Restricted fixed asset funds	592,000	-	-	-	592,000
Restricted funds	155,333	97,980	(108,909)	200	144,604
	<b>1,376,849</b>	<b>388,275</b>	<b>(305,583)</b>	<b>-</b>	<b>1,459,541</b>

The transfer of funds reflects an adjustment to the balance carried forward incorrectly from a previous grant which had been utilised in the previous year.

## Prior Year - Statement of Funds

	1 April 2021	Income	Expenditure	Transfers	31 March 2022
	£	£	£	£	£
<b>Designated funds</b>					
Michael Palin Centre	124,000	-	-	26,000	150,000
	<b>124,000</b>	-	-	<b>26,000</b>	<b>150,000</b>
<b>General funds</b>					
General funds - all funds	366,819	254,881	(116,184)	(26,000)	479,516
	<b>490,819</b>	<b>254,881</b>	<b>(116,184)</b>	-	<b>629,516</b>

## Restricted Fixed Asset Funds

	£	£	£	£	£
Freehold Pine Street	350,000	-	-	-	350,000
Training Room Extension	242,000	-	-	-	242,000
	<b>592,000</b>	-	-	-	<b>592,000</b>

## Restricted Funds

	£	£	£	£	£
Assessments	1,215	-	-	-	1,215
Julia and Hans Rausing Trust	-	28,000	(28,000)	-	-
City Bridge Trust	-	42,672	(7,461)	-	35,211
Harrison Frank Foundation	-	10,000	-	-	10,000
Peter Sowerby Foundation	-	24,990	(22,456)	-	2,543
Woodroffe Benton Foundation	-	27,525	(1,626)	-	25,999
The Weinstock Fund	2,373	-	(773)	-	1,600
Other Trusts & Foundations Restricted	2,800	1,500	-	-	4,300
PIMCO	69,500	-	-	-	69,500
Mentoring Project	5,000	-	(5,000)	-	-
Bain Capital	9,185	-	(9,185)	-	-
Stuttering Foundation of America	-	133,354	(133,354)	-	-
Pat Bartle Charitable Trust	-	2,000	-	-	2,000
Income from MPC Carol Concert	-	3,074	-	-	3,074
	<b>90,073</b>	<b>273,111</b>	<b>(207,855)</b>	-	<b>155,333</b>
<b>Total Funds</b>	<b>1,172,892</b>	<b>527,996</b>	<b>(324,039)</b>	-	<b>1,376,849</b>

## Prior Year - Summary of Funds

	1 April 2021	Income	Expenditure	Transfers	31 March 2022
	£	£	£	£	£
<b>Designated funds</b>					
General funds	366,819	254,881	(116,184)	(26,000)	479,516
	<b>490,819</b>	<b>254,881</b>	<b>(116,184)</b>	-	<b>629,516</b>
<b>Restricted Fixed Asset Funds</b>					
Restricted Funds	592,000	-	-	-	592,000
	<b>90,073</b>	<b>273,115</b>	<b>(207,855)</b>	-	<b>155,333</b>
	<b>1,172,892</b>	<b>527,996</b>	<b>(324,039)</b>	-	<b>1,376,849</b>

The prior year funds have been restated to classify the charity's property of £592,000 from designated funds to restricted fixed assets to better classify their true nature.

## 16. Analysis of Net Assets Between Funds

	Restricted Funds 2023	Unrestricted Funds 2023	Total Funds 2023
	£	£	£
Tangible Fixed Assets	592,000	-	592,000
Current Assets	155,292	790,189	945,481
Creditors Due Within One Year	(10,688)	(67,252)	(77,940)
	<b>736,604</b>	<b>722,937</b>	<b>1,459,541</b>

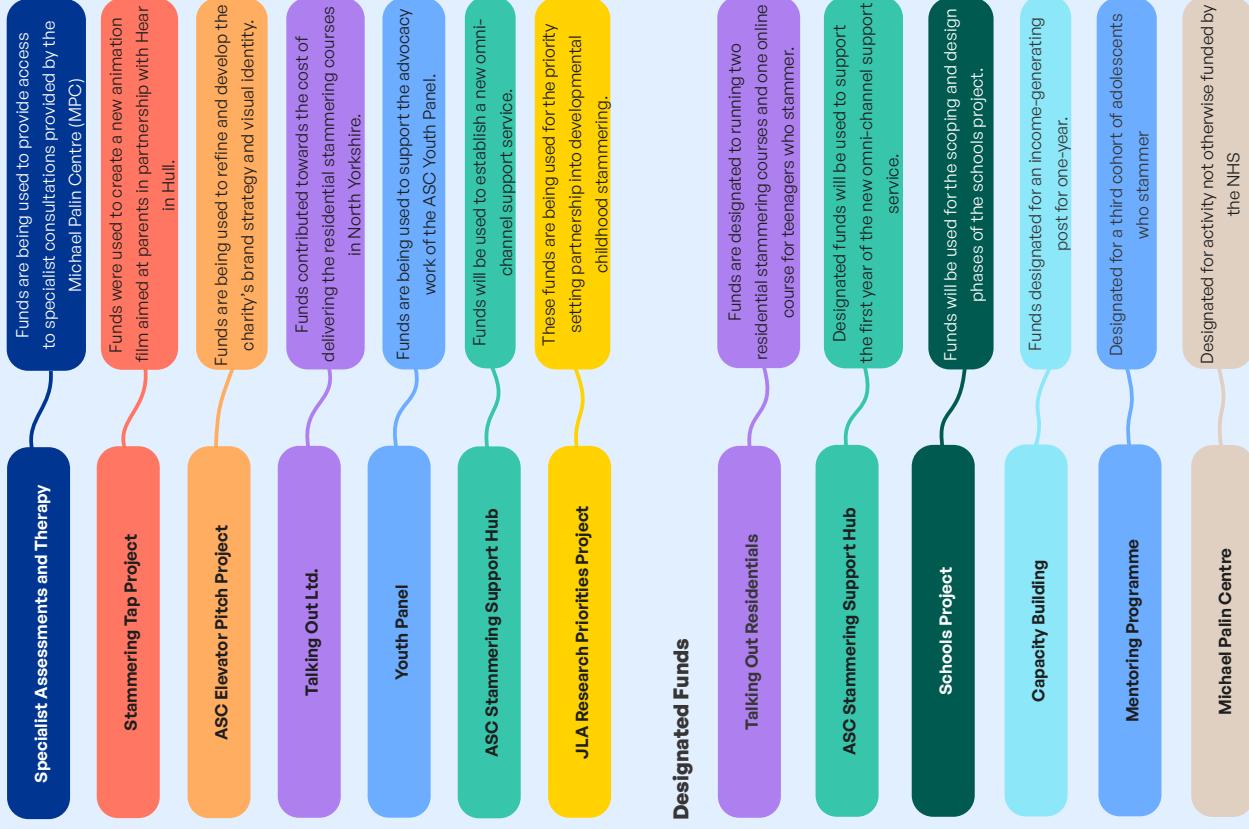
## Prior Year - Analysis of Net Assets Between Funds

	Restricted Funds 2022	Unrestricted Funds 2022	Total Funds 2022
	£	£	£
Tangible Fixed Assets	592,000	-	592,000
Current Assets	16,602	635,987	802,008
Creditors Due Within One Year	(10,688)	(6,471)	(17,159)
	<b>747,333</b>	<b>629,516</b>	<b>1,376,849</b>

## 17. Related Parties

During the year the charity received donations of £7,644 (2022: £5,155) from Trustees and related parties of the charity, there were no other related party transactions in the year.

## Purpose of Restricted Funds



# The Charity, Its Trustees And Advisers

For the Year Ended 31 March 2023

## Trustees

Jane Roberts (Chair)

David Broom (Honorary Treasurer & Vice-Chair)

Alison Lowton (Company Secretary - April 2022)

Richard Murray

Vicky Slonims

Anya Paul

Samira Ahmed (retired November 2022)

Anne Whateley (retired November 2022)

Balshen Izzet (retired January 2023)

Juliet Leach (joined April 2022)

Felicity Baker (joined November 2022)

Zain Ghani (joined June 2022)

Joe Allen (joined June 2022)

Natalie Carver (joined January 2023)

Archana Rahul (joined January 2023)

Stephen McAteer (joined January 2023)

**Company Registered Number**  
02328627

**Charity Registered Number**  
801171

**Company Status**  
A company limited by guarantee

**Day-to-Day Management**  
The trustees delegated day-to-day management to the Charity's Chief Executive Ria Bernard

**Registered Office**  
Action for Stammering Children  
Michael Palin Centre for Stammering Children  
13-15 Pine Street,  
London EC1R 0JG

**Bankers**  
Lloyds  
Pall Mall St James  
London SW1Y 4BE

## Independent Examiners

Price Bailey LLP  
Chartered Accountants  
Causeway House  
1 Dane Street  
Bishop's Stortford  
Hertfordshire CM23 3BT

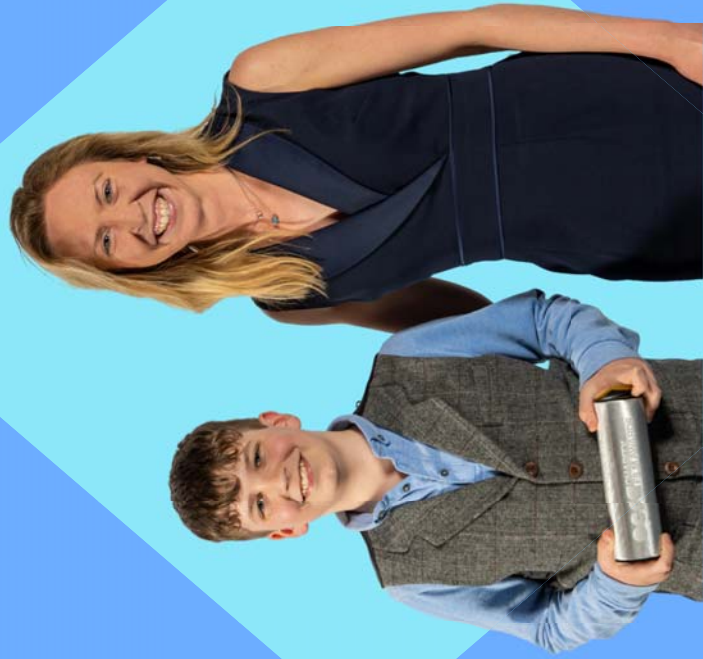
(Left) ASC Youth Panel member Thomas receives his Duke of Edinburgh award at Buckingham Palace. He completed his volunteering requirement through our charity.



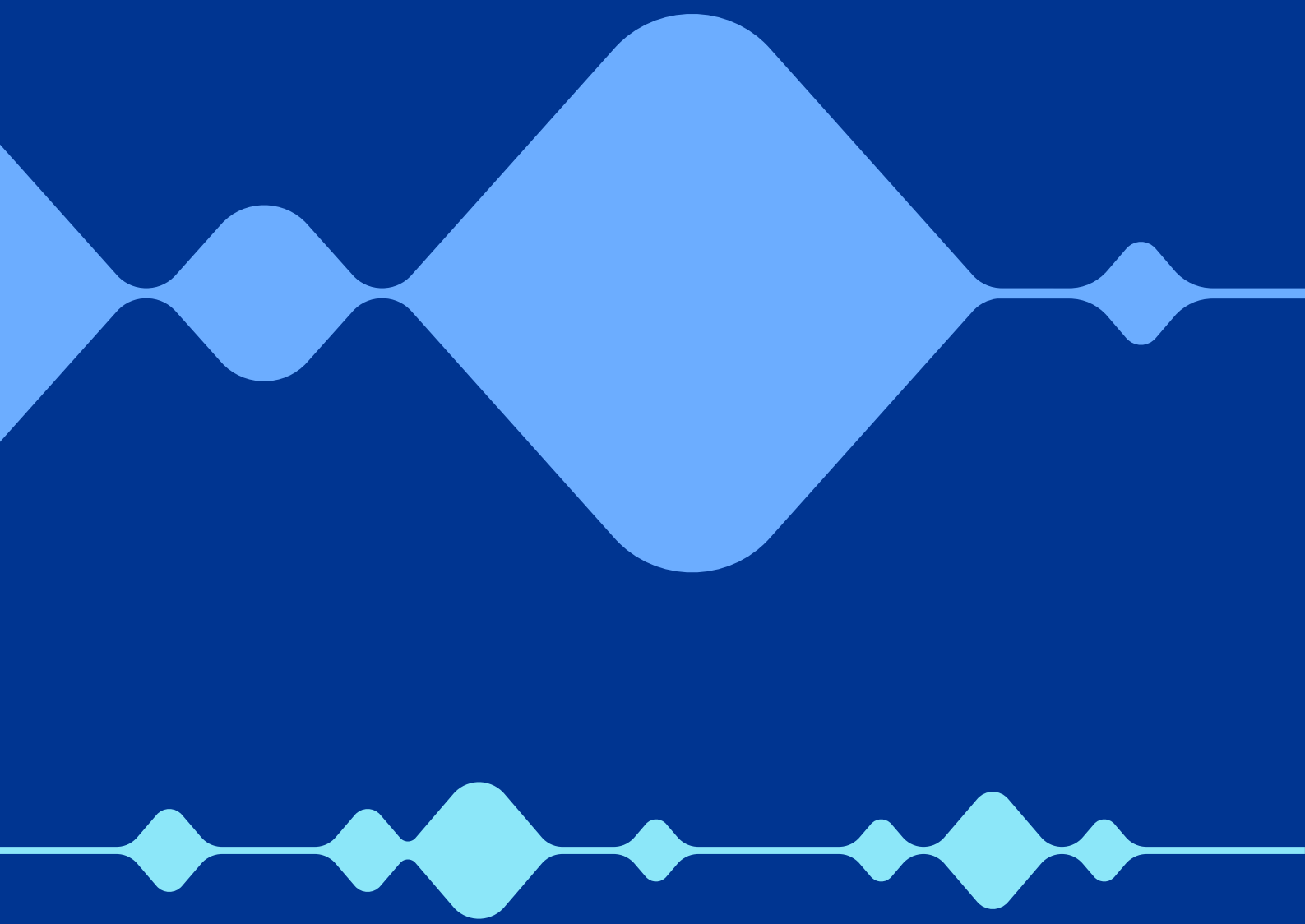
(Left) ASC supporter Rob Newbery completed the Ford Ride London cycling challenge, raising over £1,200 for our charity



(Left) Elliott accepts the Gold People's Choice award at the Smiley Charity Film Awards alongside ASC Chief Executive Ria Bernard







**Action for  
Stammering  
Children**